

Middle Schoolers Compete For Best Cupcake

by Allison Havill Todd

Three teams of middle school students competed last week in creating displays and baked delights based on the themes of local restaurants MudBugs, Matzaluna and Doc Ford's. Each team was comprised of bakers from the home economics class taught by Nancy McDole and builders from the STEM (Science, Technology, Engineering and Math) class taught by Kelly Johnson.

The bakers were responsible for making cupcakes that would not only be judged on their taste and style, but also be symbolic of the restaurant they were representing. The builders on each team were in charge of making a sturdy and clever structure to display the creative cakes. Community members from several island culinary establishments were chosen to judge the competition on June 11 and were provided with score sheets to rate



Part of the Matzaluna team with their display photos by Allison Havill Todd

each team on categories such as their verbal presentation, cupcake and platform design, creativity, and product taste and attractiveness.

Team MudBugs selected an appropriate



Doc Ford's team

Mardi Gras theme for their display with shiny purple and gold foil wrapped structures adorned with beads, feathers and masks. The cupcakes were topped with sweet treats provided by the restaurant and, in keeping with New

Orleans tradition, a couple of cakes had a replica of a baby representing good luck to whomever selected that particular piece.

The next team, representing Matzaluna, crafted a foundation which
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Participants at a Mindfulness Tour at Bailey Tract

photo provided

Refuge Offering Free Guided Tours

JN "Ding" Darling National Wildlife Refuge is relaunching its free tours program this summer from June 20 through August 7. Staff will continue to limit outdoor tours to 10 people or less.

There is no set schedule for the tours, so those interested should monitor the

www.dingdarling.eventbrite.com page, where participants must preregister free-of-charge. Tours include a children's program, art activities, a Mindfulness Walk at Bailey Tract, and a Beach Walk.

"We are excited to be able to welcome visitors to our free educational tours again this summer," said Supervisory Refuge Ranger Toni Westland. "Watch our Eventbrite site for possible additions as the

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New Exhibit At BIG ARTS



Matanzas by Alejandro Gómez Hernandez

photo provided

BIG ARTS has launched a new virtual gallery on its website at www.bigarts.org featuring seven up-and-coming artists who are alumni of Florida SouthWestern (FSW) State College. Titled Fast Forward, the show is curated by Dana Roes, chair of humanities and fine arts at FSW.

The exhibit showcases a wide variety

of styles and mediums and features works by alumni Martha De la Cruz, Dalton Howard, Alejandro Gómez Hernandez, Claire Malécot, Leila Mesdagh, Kirsten Pettifor and BA Wikoff. In addition to seeing the exhibit in person, visitors can navigate through a high-definition 3D rendering of the gallery to view the works

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Community House Events

Registration is open for youth summer camp, which runs Monday through Friday, July 5 to 9 from 9:30 a.m. to 1:30 p.m. Camp is designed for children ages 6 and 12. There will be arts and crafts, cooking, outdoor games and gardening. Cost is \$50 per day or \$225 for the week. Lunch is available for \$10 a day. Call 472-2155 to register.

The Community House is looking for mangoes for cooking chutneys and barbecue sauce. Drop off any time between 9 a.m. and 1 p.m.

The Sanibel Captiva Art League exhibit, featuring works by Shah Hadjebi and Allison Davis, runs through June 30.

The Sanibel Party Bridge Club meets on Tuesdays at 1 p.m. All are welcome. Bringing a partner is preferred. Suggested donation is \$5.

Every Thursday at 1 p.m., Tommy Williams leads Living Life Current, an open forum discussion. All are welcome to discuss what is going on locally, nationally and globally. Suggested donation is \$5.

Chair Stretching/Yoga with Mahnaz Bassiri is offered on Thursdays at 1 p.m. Cost is \$5 per class.

Aerobics with Mahnaz Bassiri is offered on Monday, Wednesday and Friday from 10:30 to 11:30 a.m. Participants can bring their own weights.



The Community House photo by Logan Hart
Cost is \$5 per class.

The Sanibel Hearts Club meets every Friday at 1 p.m. Play the card game Hearts. For beginners to experts, all are welcome. Suggested donation is \$5.

Shell Critter Kits to Go are available for purchase or to ship. Choose four out of 13 critters to assemble. Cost is \$20 per kit; shipping is \$8 additional.

Art Kits to Go are also available. There are eight different postcards to color and Zentangle. Marker and educational video link included. Cost is \$20 per kit; shipping is \$8 additional.

The Community House is located at 2173 Periwinkle Way. Visit www.sanibelcommunityhouse.net or call 472-2155.*

Correction

The owners of Bailey's General Store do not have plans to reopen the garage at the front of the complex as stated in the article in the *Island Sun* on June 4. The gas station and garage have been closed for many years.*

Sea School Kicks Off Camp With Shark Week

Sanibel Sea School kicked off its first week of summer camp with Bonnethead Week – Swimmin' with the Sharks. The week-long camp is designed for children ages 6 to 13.

With COVID-19 safety protocols in place, counselors welcomed 24 campers to the campus on the east end of the island on June 7. "We're holding a smaller camp this year in order to maintain smaller group sizes and to ease back into the swing of things in our new normal," said Sanibel Sea School Director Nicole Finnicum.

Throughout the week, campers got back to traditional camp activities like canoeing, seining in the seagrass and snorkeling. They also played shark-themed games and made bonnethead-inspired crafts using shells collected from the beach.

"I think campers are just excited to be back to doing what they love, exploring nature and having fun with friends," said Finnicum.

Campers also spent time learning about bonnethead sharks, including more about their uniquely shaped cephalofoils (heads), their seven senses and the shallow-water estuaries where they thrive.

The highlight of the week was the surf paddle race on Friday morning. The campers spent the week honing their



Campers learned how to surf and had a surf paddle race photo provided

padding skills and then put them to the test in a surf paddle competition among the two groups.

Sanibel Sea School will offer summer camp at its flagship campus through August and offer a secondary camp at Bailey Homestead beginning on Monday, June 21. "By having camp at two locations, we'll be able to accommodate more campers and still maintain small, safe groups," said Finnicum. "We are so excited to launch our first camp at the homestead, it will be a unique and fun experience for campers and still be right down the road from our flagship campus."

For more information, visit www.sanibelseaschool.org.*

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CECI Class of 2020-21

photos provided

Children's Center Celebrates Last Day Of School

The Children's Education Center of the Islands (CECI) held its traditional celebration to mark the end of the school year. Students played water games and made nature crowns with found materials to wear during the ceremony. Each class had a moment to "walk the bridge" to signify their growth and welcome new changes that lie ahead.

CECI families gathered for a socially distanced trunk-picnic after the ceremony. Following the ceremony, Kona Ice provided treats for the students.

CECI staff congratulates the VPK students, who are off to kindergarten: Gray, Quentin, Noah, Levi, Pax, Sarah, Emerson, Sophie, Finley and Jaxsen. ✨



Cooling off with a frozen treat



Taking a break during water play



A student getting her Kona Ice



Students wearing their nature crowns

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No Name Restaurant

photo courtesy Captiva Island Historical Society Archives

Captiva Island Historical Society Landmark: No Name Restaurant

This week's image depicts the No Name Restaurant, circa 1986, which was located on Andy Rosse Lane and owned by Red Jensen.



are welcome to step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane, and open during library hours. Call 533-4890 for information.

Visit the website at www.captiva-island-historical-society.org/archives/research to view many more images to bring you closer to Captiva.✱

The History Gallery, developed by the Captiva Island Historical Society, features many photos like this. All ages

Churches/Temples

BAT YAM-TEMPLE OF THE ISLANDS
Shabbat Worship Services at 7 p.m. on the first Friday of the month for June, July and August. Services held in Fellowship Hall at Sanibel Congregational United Church of Christ. Masks and social distancing guidelines will be followed. Those who wish to Zoom the services can find the link in their email notice. Send any questions to batyamsanibel@gmail.com. Rabbi: Stephen Fuchs, Cantor: Murray Simon, President: Alan Lessack 773-251-8862

HISTORIC CAPTIVA CHAPEL BY THE SEA
Rev. Larry Marshall. Outdoor services every Sunday at 11 a.m. Nov. 14, 2021 through April 24, 2022. Previous services posted on the chapel's website for viewing. www.captivachapel.com, www.facebook.com/Captiva-Chapel-By-The-Sea, 11580 Chapin Lane, Captiva, 472-1646.

CHAVURAT SHALOM
(Fellowship of Peace) Friday Shabbat services led by members at 6 p.m. Saturday morning Jewish current events at 11 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact ChavuratShalom@gmail.com to participate on Zoom.

FIRST CHURCH OF CHRIST, SCIENTIST
Services at the Christian Science Church of Sanibel-Captiva have resumed as follows: Sunday service at 10:30 a.m., Wednesday meeting at 4:30 p.m. Reading room open on Friday, 10 a.m. to noon. 2950 West Gulf Drive, 472-8684.

SANIBEL COMMUNITY CHURCH
Sunday services at 9 a.m. in the Sanctuary and 11 a.m. in the Historic Chapel. View the Sunday services via livestream at 9 a.m. or later online at www.sanibelchurch.com,

Sanibel Community Church is an evangelical, non-denominational congregation, 1740 Periwinkle Way, 472-2684

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST
The Reverend Dr. John H. Danner, Sr. Pastor. The Rev. Deborah Kunkel, Associate Pastor. 7:45 a.m. Chapel Service, 10 a.m. Traditional Worship Service, www.sanibelucc.org, 2050 Periwinkle Way, 472-0497.

ST. ISABEL CATHOLIC CHURCH
Father Ed Martin, Pastor, Saturday Vigil Mass at 5 p.m., Sunday Mass at 9:30 a.m. Daily Mass Wednesday, Thursday and Friday at 8:30 a.m. 3559 Sanibel-Captiva Road, 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH
The Rev. Bill Van Oss, Rector. Summer service schedule, Saturday 5pm and Sunday 9:30 a.m. Masks will be optional for the fully vaccinated attending services. Masks are highly recommended for those who are unvaccinated. There will be some seating in the back of church spaced apart for those who wish to maintain physical distancing. The 9:30 a.m. Sunday service will also be live streamed. www.saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS
Meets 5 p.m. on the third Sunday of each month from December through April at Sanibel Congregational United Church of Christ. A potluck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.

Email changes to press@islandssunnews.com or call 395-1213.✱

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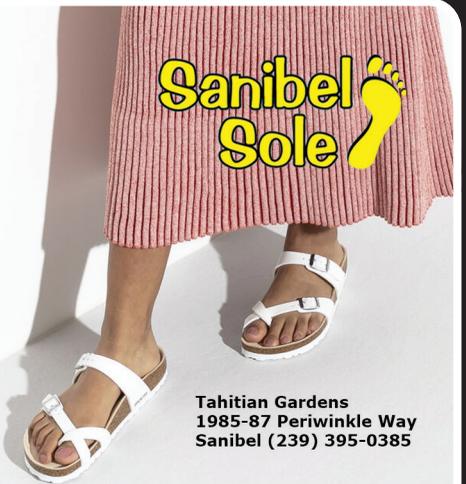
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Listening for the sounds of the ocean
photos provided



A student fills his sand pail

portable tanks with fish, sand dollars and other creatures to find. Children used small seine and dip nets to investigate.

The second station was Swash Zone, where the children could explore the area of the beach where the waves meet the sand. They searched for coquinas, mole crabs and other sea life.

The next station was Shells, and students got an up-close look at bivalve and gastropod shells, and learned about the creatures that made them.



Interacting with a live crab

The last station was Sea Turtles, where students learned about sea turtle nesting season, which is under way on the islands. There was a nest close by for the youngsters to observe. Children also created their own nest.

CECI is a nature-based preschool. Enrollment is open for summer camp programs, which began on June 7 and run through July 30. Camps are offered Monday through Friday for children ages 2 through 8. Each week has a theme designed for children to explore



Sanibel Sea School staff brought live sea creatures for the children to study

and connect to the natural world. Some of the highlights include cooking, art, science and pirates.

Thanks in part to The Sanctuary Golf Club Foundation and FISH of SanCap, summer camp scholarships are available for families in need. Visit www.childrededucationcenter.com for more information.

CECI is located at 350 Casa Ybel Road on Sanibel. To request a tour, call 472-4538.*

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Sanibel Comes Out Well In Florida Legislative Session

by Wendy McMullen

A rapid economic recovery and stimulus funds helped Sanibel get many of its needs and wants from the state government this year although there are still some concerns.

“Sanibel came out very well. The amount of money is very significant,” Dan DeLisi, the city’s water consultant and coordinator with the State of Florida, told Sanibel City Council at the June 2 meeting.

The City of Sanibel had specific funding priorities concerning water quality granted by the legislature. These included funding for Phase IV of the Sanibel sewer system, funding for Lake Hicpochee Phase II, continued funding for the Everglades Agricultural Area Reservoir Project and expedited funding for the C-43 Reservoir and Water Quality Testing Facility. There was also funding for research to address harmful algae blooms and for sea level rise and coastal resiliency.

The Sanibel Sewer System expansion will connect 42 properties on Woodring Road to the sewer system. Woodring Point is a peninsula on the northern point of Sanibel at the end of Dixie Beach Boulevard. These properties are currently on septic systems. The state contributed \$750,000 to the project and the South Florida Water Management District (SFWMD) granted \$120,000.

Among the environmental programs granted; \$625 million continued funding for Lake Hicpochee, which connects to the Caloosahatchee southwest of Lake Okeechobee. Lake Hicpochee stores water in a shallow area and distributes it to the Caloosahatchee via a canal, which discharges the improved quality water into the river.

Also included are funds for implementation of the C-43 Reservoir water quality project. This reservoir on former farmland west of Labelle will provide needed storage by capturing stormwater runoff and the freshwater

releases from Lake Okeechobee mandated by the U.S. Army Corps of Engineers. These freshwater releases going directly into the Caloosahatchee are believed to have caused or exacerbated the red tide and blue-green algae problems experienced on Sanibel three years ago during the wet season. During the dry season, releases of water from the reservoir provide essential flows and improve the salinity balance, which protects young fish and shellfish around Sanibel.

The entire project is expected to be completed next year at a cost of \$500 million.

These projects are in addition to the \$200 million Everglades Restoration Project that directly benefits the Caloosahatchee Estuary on Sanibel. Florida Senate Bill 2516 mandates the SFWMD expedite the completion of the Lake Okeechobee Watershed Restoration Plan (LOWRP), which requires that all aquifer storage and recovery wells be constructed and operational by March 30, 2027. This will be helpful to Sanibel in adding more storage to prevent high volume discharges from Lake Okeechobee. It will also provide water in the dry season to ensure the Caloosahatchee has enough flow to meet restoration targets.

The senate approved long-term dedicated funding for coastal resiliency. DeLisi urged the city council to get resiliency programs going so that the funds will be available to the city for research and projects. Proposals will be presented through the Department of Environmental Protection (DEP).

The legislature established the Resilient Florida Grant Program to fund community resiliency planning to protect against the impacts of sea level rise and increasing storm severity. It also requires DEP to develop a statewide flood vulnerability and sea level rise assessment on July 1, 2023 and a statewide flooding and sea level rise resiliency plan by December of this year.

Not so good for Sanibel is State Bill 268, which preempts occupational licensing to the state and prevents local governments from licensing occupations. This means that the city can no longer demand that landscapers take a course in native landscaping before working in the

city. This bill takes effect on July 1, 2023 and allows local licensing to remain in place until then.

A bill of some concern to the City of Sanibel preventing local governments from regulating vacation rentals failed to reach the house and senate, and did not pass in the 2021 session. In any case, at present, this bill does not apply to Sanibel because its rental restrictions are grandfathered in. Council members, however, were warned of the slippery slope theory should it pass in future.✪

Insurance Rate Hikes Approved By Governor

by Wendy McMullen

Recent legislation approved by Gov. Ron DeSantis last week allows state-owned Citizen’s Property Insurance to increase rates from 10 percent to 15 percent, decrease the amount of time to file insurance and prevent contractors from advertising to encourage homeowners to file claims.

The legislation was introduced by Sen. Jim Boyd, a Bradenton Republican who owns an insurance agency and says that this legislation will drive costs down by increasing competition among private insurance companies. Critics fear that raising rates at Citizens could actually increase rates, because it would make it easier for private carriers unconcerned about losing customers to Citizens to raise rates in the short term.

Sanibel homeowners are being hit by double digit rate hikes from private property insurers who claim unscrupulous legal practices in defense. Homeowners claim they only resorted to litigation after being offered paltry settlements by their insurance carriers.

The governor also reduced the time that an initial claim can be filed, from three years to two years, and prohibited building contractors from soliciting homeowners to file claims, and from offering incentives for roof inspections and claims.

Citizens now has nearly 600,000 policies, up from 420,000 two years ago. The state-run insurer was set up to provide coverage for those who could not find it in the private market.✪

Causeway Traffic in April 2018 to 2021

	2018	2019	2020	2021	2021 vs 2020	
January	301,565	305,372	318,315	282,778	(35,537)	(11.16%)
February	313,409	310,367	321,085	293,554	(27,531)	(8.57%)
March	355,410	355,759	265,546	352,029	86,483	32.57%
April	311,012	314,979	123,130	330,664	207,534	168.55%
May	262,653	283,526	221,665			
June	262,365	256,840	252,000			
July	266,178	265,024	255,010			
August	206,903	234,099	233,491			
September	184,237	207,956	218,338			
October	239,426	253,144	246,035			
November	261,399	266,766	242,527			
December	275,964	284,979	270,520			
Year to Date Total	1,281,396	1,286,477	1,028,076	1,259,025	230,949	22.46%
Total Year	3,240,521	3,338,811	2,967,662	1,259,025		

courtesy City of Sanibel

Causeway Traffic Counts

by Wendy McMullen

Three times as many visitors crossed the Sanibel Causeway in April this year as last year. Understandable, of course, because traffic counts were

considerably down last year at the beginning of the coronavirus outbreak.

But the numbers of vehicles crossing the causeway almost reached historical records this year with 330,684 crossings. The record number was in April 2001 when the toll for cars was still \$3. It was increased to its current \$6 in order to finance the current high rise span, which cost \$137 million to construct.✪

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Restaurant Gets Entertainment License For Now

by Wendy McMullen

The Topsy Turtle Restaurant and Bar finally got an entertainment license at this month's city council meeting on June 1. The delay in granting the license was due to an extraordinary number of accidents and violations caused by patrons who visited the Topsy Turtle Bar.

The city looks at the history of incidents and violations in the past year prior to granting an entertainment license. After three incidents and violations were reported by the Sanibel Police Department at the last city council meeting, proprietor Eve Alves was asked to come back with a business plan to deal with the violations.

Among the incidents reported by the police was of a young woman passed out, lying on the bike path, and accidents on Donax Street and Sanibel-Captiva Road.

Alves came back with the business plan and an attorney, Richard Inglis, who said there was no evidence whatsoever that the woman became inebriated at the Topsy Turtle, or that anything that happened in the restaurant caused those accidents. He produced video from the restaurant's security camera in support of this contention.

"We do not know why she got sick

and vomited on the sidewalk. What was the hospital report? What was the determination?" Inglis asked the council. "Due process is important. Eve has spent a tremendous amount of money buying a dilapidated building and putting it all back together. Her business is entitled to not be accused or painted with innuendo or conjecture, but with evidence."

Inglis told the council that the business hires a private security guard on weekends and that all the employees who serve alcohol have a certificate from the state showing that they understand the dangers of serving alcohol to inebriated people. He went on to suggest that the Sanibel Police Department wanted the bar shut down and that having a police cruiser sitting either in the parking lot or across the street suggested a "campaign of harassment and intimidation."

Inglis also reported that a person from the Sanibel Fire Department told Alves that Sanibel Police Chief William Dalton said he wanted the business shut down.

"I don't know if this is true," Inglis said. "But why would he say that if it wasn't true?" Councilman Dr. Scott Crater defended the police department.

"I know Mr. and Mrs. Alves, they are friends, but you lost me when you said that having a police cruiser in the parking lot could be perceived as harassment and intimidation," Dr Crater told the attorney and business owner. "The police cruiser is a deterrent to drinking and driving. You need to work with taxis to prevent inebriated people from driving."

Vice Mayor Richard Johnson objected

to the attorney's statement that the link between the accident and The Topsy Turtle was conjecture.

"You say that it was conjecture. I would say it was common sense. I don't know if they were intoxicated before they went there or became intoxicated while there, but it's a reasonable assumption," Johnson said.

"I would very much like you to be successful but I would like you to be successful in the same way other businesses have been successful," Johnson said. "Drunk driving is bad, and we will take any steps we can to prevent that and make absolutely sure that anyone who cannot safely transport themselves finds other means."

Asked to comment on rules of evidence in the case, City Attorney John Agnew said that this was not in a court of law and that rules of evidence don't apply. He cited 12 Sanibel Police Department reports and Chief Dalton's special concern about four of those. He also mentioned Mayor Holly Smith's anecdotal report about staff drinking behind the bar and a woman falling off the bar stool while she was visiting the restaurant.

"We don't know if they came that way," Agnew said, referring to inebriated people having accidents after visiting the bar. "We do know that they left that way. All concerns expressed are appropriate in this venue."

The plan Alves submitted to the council listed the practices and procedures for employees. These included not

servicing alcohol to anyone who is intoxicated or at the point of intoxication, notifying a manager when a customer shows signs of intoxication, urging inebriated customers to call a taxi and obliging employees to inform the police department when other attempts fail.

"I see a list of items but I don't see a plan," said Councilman John Henshaw. "I'm not concerned about serving alcohol but serving to inebriated people. We have three incidents that don't happen anywhere else. I don't want to do anything which creates more of a hazard to people on Sanibel."

Alves, however, objected to having to produce a plan at all, stating that she had canvassed several other bars and restaurants on Sanibel and that from what she was able to determine, none of them had a formal plan in place.

"I'm disappointed in the attitude," said Henshaw. "Instead of fighting us, I want you to work with us so that we can make sure that intoxicated people don't leave."

Chief Dalton reported that there were 30 other businesses that have the same type of entertainment license and that there was only one other dangerous incident.

The renewal of the entertainment license for the Topsy Turtle Restaurant and Bar was approved on condition that performances only take place inside between 7 p.m. and midnight, and be limited to four musicians. The entertainment license will terminate on September 30, 2021 and renewal will be permitted after further review and approval by the city council.✪

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Street Resurfacing Work Under Way

The City of Sanibel's annual street resurfacing project is under way. Every effort is being made to minimize any inconvenience to the public.

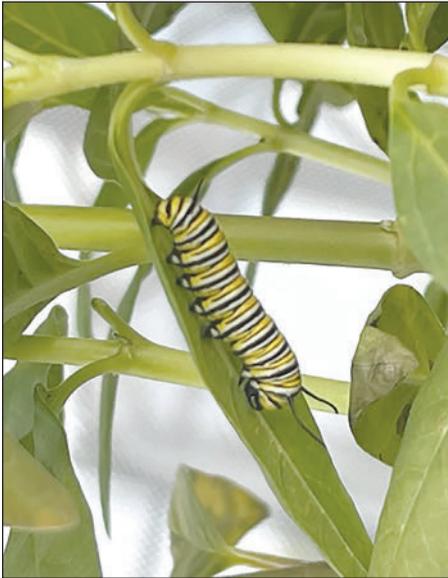
Paving is taking place during normal daytime hours with the exception of areas listed as night work. Access to residences and businesses will be maintained and the public should use caution when traveling through a construction zone.

The following streets are included:
Day work – Twin Lakes Lane, Lake Murex Circle, Barra Circle, Tirie Circle, Saint Kilda Road, Bowman's Beach parking entrance apron

Night work – East Gulf Drive (Lindgren Boulevard to Elinor Way), Middle Gulf Drive/Fulgar Street (Donax Street to Middle Gulf Drive)

Also included in the project is installation of a two-foot-wide compacted road shoulder along sections of Sanibel-Captiva Road from approximately the Clam Bayou Box Culvert easterly to Gulf Pines Drive. This work is being done during the day.

The contract amount is \$547,000, involving full width resurfacing of the noted streets, the Sanibel-Captiva Road shoulder installation, and select road striping touch up. The contractor is required to complete the project within 30 calendar days, weather permitting. If you have any questions, call the public works department at 472-6397.✪



Caterpillar on milkweed photos provided

Caterpillars devouring the milkweed

Chrysalis

Monarch butterfly hatching

Butterfly Project Highlight Of FISH Luncheon

FISH of SanCap launched a butterfly project as part of its monthly Zoom Friendly Faces luncheon. Last month, lunch guests learned about butterflies from the Thrifty Garden and Butterfly Estates. Everyone attending the lunch received their own butterfly habitat and milkweed plant containing caterpillar eggs. The guests took care of the

habitats and watched the progression as the eggs transformed into beautiful monarch butterflies, which are now flying around Sanibel.

"The butterfly habitat was a brilliant choice for our activity at the Friendly Faces luncheon. I only had one caterpillar hatch, but that one ate every leaf and a lot of the stalks. Now there is a green chrysalis. It has been so enjoyable watching all this unfold. I so appreciate FISH and its care of the island's seniors," noted one guest.

For more information on Friendly Faces luncheons, visit www.fishofsan-cap.org.



Monarch butterfly being released



Monarch butterfly in the wild

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Plant Smart

Spore Basics

by Gerri Reaves

When it comes to plant reproduction, most of us grasp the basics of seeds pretty well, but spores are a bit more mysterious.

For one thing, they are inconceivably small. Thousands of spores appear on a single fertile frond. Seeds are quite large contrasted with microscopic spores.

Spore reproduction is often described as primitive compared to that by seed.

That seems reasonable, given that ferns and fern-like plants appeared on the planet well over than 400 million years ago.

Think “spores” and ferns probably come to mind. However, bacteria, fungi, algae and other non-flowering plants also produce spores.

Basic differences exist between spore plants and flowering plants. Spores have neither flowers, fruit, or seeds, which are the fertilized ovules of flowering plants.

And, unlike spores, seeds have a coating that protects and nourishes the embryo plant within.

What’s amazing is that despite their minuteness, we are able to perceive the sori, or clusters of sporangia (spore sacs), on the undersides of fertile fern blades, as illustrated by the photos of ferns pictured above.

Sori take various forms or patterns,



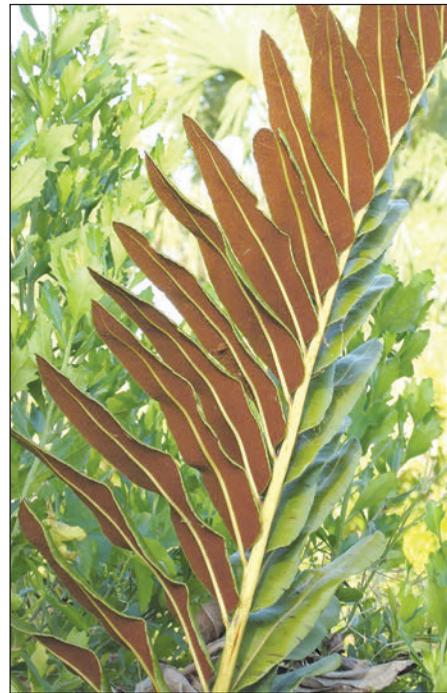
The round distinct sori on the undersides of the golden polydody’s leaflets show through to the upper sides photos by Gerri Reaves

such as a series of dots or lines.

For example, the round sori on the undersides of a golden polydody fern (*Phlebodium aureum*) are quite distinct, forming neat lines of tiny dots.

In strong light, the pattern of dots is discernible even from the other side of the leaflet.

Or, spores might entirely cover the underside of a leaflet, as seen on the frond of the giant leather fern



Giant leather fern’s fertile fronds are coated with sporangia

(*Acrostichum danaeifolium*), whose sori resemble a coating of soft reddish brown felt.

Netted chain fern’s (*Woodwardia areolata*) oblong sori are also visible from the frond’s upperside. They are lined up in two parallel rows, like chain links, one row on each side of the leaflet’s midvein for a stenciled effect.

The next time you see a pattern of sori or a coating of sporangia on a fern,



Netted chain fern’s oblong sori form “chains” visible on the upper side of the frond

take time to contemplate the amazing reproductive world of microscopic spores.

Sources: *The Ferns of Florida* by Gil Nelson, *National Audubon Society Field Guide to Florida* by Peter Alden et al., and *An Overview and Informal Key of the Ferns of Florida* by Douglas Scofield et al.

Plant Smart explores the diverse flora of South Florida.✧

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Gaillardia photos courtesy
Institute of Systematic Botany
City Of Sanibel Vegetation Committee

American beautyberry

Red maple

Sweet acacia

Are You Firewise?

Fire is a natural process in Florida. Historically, natural fires ignited by lightning occurred most often in the spring and summer. However, fires are possible in any month of the year. Lee County is currently experiencing moderate to severe drought conditions and on Sanibel, the lush vegetation is quickly becoming tinder-dry, therefore increasing the risk of wildfires.

Fortunately, the City of Sanibel and its partners have an active wildfire reduction program where dried vegetation or "fuel" is reduced through the practice of prescribed burning. This tool reduces fuel loads by purposely burning dead vegetation through controlled burning techniques to minimize fuel buildup before it becomes a problem. This lessens the intensity of a wildfire if it were to occur.

The rainy season is right around the corner, but so is the height of the Florida fire season. Historically, native Florida habitats are prone to wildfires ignited by lightning produced by the first few weeks of late spring to early summer afternoon storms, before naturally wet areas are inundated. It is important to protect and prepare your yard and home from fire as you would for hurricanes.

Some key things to do:

Clean dead vegetative debris from around your yard.

Keep pine straw away from the foundation of your house. Consider mulch as an alternative.

Do not allow palms or palmetto to grow close to your house and keep dry fronds trimmed.

Use plants that are fire resistant when planting within 30 feet of the house.

Remove all debris from gutters, such as dead leaves and twigs.

Prune trees so that the lowest branches are six to 10 feet from the ground.

Consider shade trees that will create a canopy and increase humidity around the house.

Remove any "ladder fuels," such as vines, that may carry ground fires upward.

Do not allow large groups of highly flammable plants, such as saw palmetto and wax myrtle, to grow near decks or overhangs.

Keep at least 30 feet of defensible space (either turf grass or fire resistant plants) between your home and dense vegetation.

Fire resistant plants have a high moisture content. Also, plants that are low growing, compact, and require less water and maintenance are good choices. Typically, their stems and leaves are not resinous.

Some examples of trees, shrubs and groundcovers that are firewise choices include:

Trees: Jamaica dogwood (*Piscidia piscipula*), sweet bay magnolia

(*Magnolia virginiana*), oaks (*Quercus* spp.), red maple (*Acer rubrum*), sea grape (*Coccoloba uvifera*), satin leaf (*Chrysophyllum oliviforme*), sweet acacia (*Acacia farnesiana*), green buttonwood (*Conocarpus erectus*), myrsine (*Rapanea punctata*) and Florida privet (*Forestiera segregate*)

Shrubs: American beautyberry (*Callicarpa americana*), coontie (*Zamia pumila*) and wild coffee (*Psychotria nervosa*)

Groundcovers: native ferns, mimosa (*Mimosa strigillosa*) and gaillardia (*Gaillardia pulchella*)

Avoid: wax myrtle (*Myrica cerifera*), gallberry (*Ilex glabra*), yaupon holly (*Ilex vomitoria*), red cedar (*Juniperus virginiana*), saw palmetto (*Serenoa repens*) and sabal palm (*Sabal palmetto*)

To learn more about how to be a firewise community, visit the Florida Department of Agriculture and Consumer Services: <http://www.freshfromflorida.com/>

Divisions-Offices/Florida-Forest-Service/For-Communities/Firewise-Communities.

To view pictures of these plants or the city's *The Alien Invasion* brochure, visit <http://www.mysanibel.com/Departments/Natural-Resources/Vegetation-Information/Exotic-Vegetation/Other-Invasive-Exotic-Vegetation> or contact the city's natural resources department at 472-3700.

To read other vegetation committee articles in this series, visit <http://www.mysanibel.com/Departments/Natural-Resources>

The Natural Resources Department section of the city's website, www.mysanibel.com, offers information on native plants, a listing of licensed contractors, Sanibel's vegetation standards and codes, and the *Environmental Reference Handbook* prepared by the city's vegetation committee. The committee also offers free native plant tours. For more information, call 472-3700.*

THE QUESTIONS ARE SIMPLE:

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Dog Days Of Summer Offer Amazing Fishing Opportunities



by Capt. Matt Mitchell

For the next few months, the daily pattern of sticky hot mornings turning into scorching midday heat until afternoon thunderstorms cool everything off is upon us. What I enjoy most this time of year is being able to get out well before sunup and share some of the best fishing action on the planet with my clients all before lunchtime.

The first few hours after sunrise is that magical time on the water. The early bird gets the worm is very true. Fish are most active during these cooler water periods often shutting down in the heat of the afternoon. Watching a sunrise as tarpon roll and

gulp air in slick calm water is as good as it gets.

Catch-and-release snook fishing is on fire all summer long with giant spawning females filling the passes and then roaming the beaches. Think big baits for big fish all summer with large pinfish and grunts catching some of the best snook of the year. For every large female snook in and around the passes, there are another 100 males ranging in size from 20 to 26 inches. Strong morning tides will have these fish feeding on every bait that gets pushed by them. Drifting the passes will become the method of choice over the next few weeks.

This week, I had the pleasure of getting my longtime client and friend Gerald his bucket list tarpon on his 60th birthday. After an early start and sitting in hundreds of rolling fish without a bite, I made a move south. Hopes were high as we watched a few tarpon surface. These fish had the right body language as they milled around and slowly raised up.

After one tarpon pulled down his pinfish with a swirl and flash, it just decided to let go as time was ticking down on the morning's trip. Then bang, it happened as one of the cut bait rods went off with a big tarpon. It jumped twice before we could get the rod out of the holder. After what turned out to be 45-minute slugfest with it towing the boat around, Gerald got the estimated 120-pound fish close enough for a leader touch. Although we didn't get that magical in-the-water picture, Gerald is now hooked on tarpon fishing. Until you do battle with one of these fish, you simply do not have any idea how strong they are. Congrats Gerald and Happy Birthday!

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.*



Despite not getting that perfect picture, Gerald's first tarpon put on quite a show photo provided

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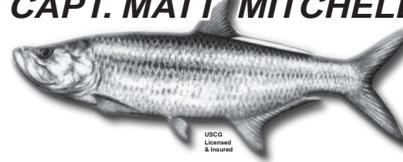
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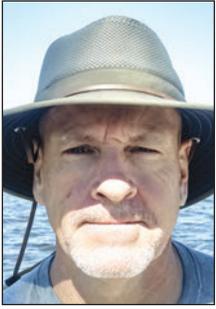
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CROW Case Of The Week:

Green Sea Turtle



by Bob Petcher

The green sea turtle (*Chelonia mydas*) is named for the color of its cartilage and fat, not its shell. While it is one of the largest sea turtle species, it is the only herbivore amongst the seven

types, which also include loggerheads, leatherbacks, Kemp's ridleys, olive ridleys, hawksbills and flatbacks.

At CROW, a juvenile green sea turtle was rescued from Buttonwood Bay near Everglades City after it was found floating without the ability to dive down under the water. Upon admission, veterinarians found the patient to be quiet with mild head tremors and an obvious shell deformity. They suspected the head tremors to be caused by red tide and the rounding of the back to be a birth defect.

"The tremors, which were localized to the head and intermittent, are a neurologic symptom of red tide toxicosis (brevetoxicosis) but would not be the sole reason the turtle was unable to dive," said CROW Rehabilitation Manager Breanna Frankel, when asked about its diving status. "When turtles are floating, many times it has to do with gas built up in the GI (gastrointestinal) tract, so



Patient #21-2640 spending some shallow water time at CROW before being approved for release
photo by Brian Bohman

they are physically unable to dive. The head tremors and any other neurologic symptoms – inability to use limbs, inability to hunt, etc. – combined could lead to a sea turtle stranding."

The turtle was given fluids, antibiotics and a lipid emulsion, then placed in the reptile room for further care.

Lipid emulsion therapy is used to treat toxicity. Lipids are a type of fat and since brevetoxins from red tide are fat-soluble, the lipids bind to the toxins that are in

the animal's bloodstream," said Frankel. "When lipid emulsion therapy is provided, it gives the toxins something different to bind to so the animal can pass it out of their body."

After a few days, the patient's tremors improved, and it was able to go into a tank with shallow water.

"All the clinical neurologic symptoms seen were mild, but we don't know the actual level of toxins in the turtle's body," said Frankel. "The beauty of lipid

emulsion therapy is that the patients are able to overcome the toxins much more quickly."

According to Frankel, there was no need to address the shell deformity as it wasn't causing the patient any harm, while the barnacles on its carapace were either removed or fell off during time in a freshwater tank. The turtle's improvement was substantial enough that CROW officials were only awaiting state approval for the patient's release.

"Sea turtles are protected under the Federal Endangered Species Act," Frankel explained. "Therefore, all rehabilitation, research, etcetera, in Florida must be authorized by Florida Fish and Wildlife Conservation Commission (FWC). We let them know every time a sea turtle comes into the clinic, and every time a sea turtle is ready for release."

The release approval did not take long for the sea turtle to return to the wild.

"The sea turtle made a full recovery and was approved for release on Thursday, June 10," said Frankel. "It was released off Sanibel and took off flying the second it hit the water. You can see the release video through a link on our social media pages."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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Shell Of The Week

The White-Spot Marginella



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

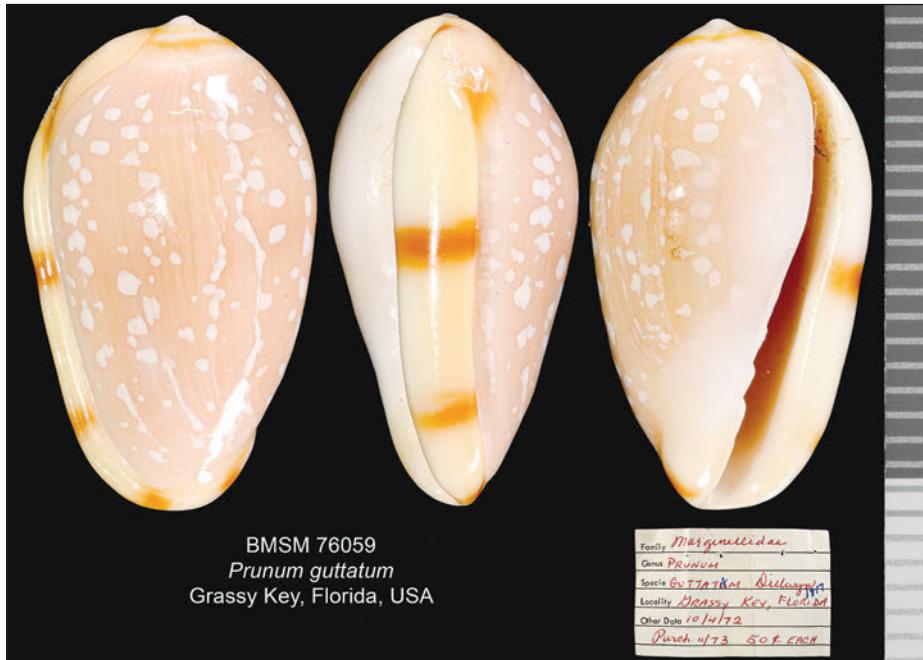
P*runum guttatum* (Dillwyn, 1817) reaches 26 mm (about one inch). It has a

smooth, glossy shell, with a typical color pattern of irregular white spots set against a background of three faint, tan-colored spiral bands. The species is found from the coast of Southeast Florida to the lower Caribbean. (A large reproduction of this illustration is displayed in the In Focus exhibition at the National Shell Museum.) Read more about mollusks and their shells at www.shellmuseum.org/shell-guide and www.shellmuseum.org/blog.

The Bailey-Matthews National Shell Museum is open from 10 a.m. to 5 p.m. daily. Safety measures have been put in place, and staff and visitors are required to wear face masks.

Your gift helps ensure that our staff and animals remain healthy. To make a secure donation, visit www.shellmuseum.org.

The Bailey-Matthews National Shell



BMSM 76059
Prunum guttatum
Grassy Key, Florida, USA

The White-spot Marginella, *Prunum guttatum*, from Grassy Key, Florida

photo by James F. Kelly

Museum is located at 3075 Sanibel-Captiva Road. For more information, call 395-2233.*

LCEC Hurricane Guide Available

Reviewing the Lee County Electric Cooperative (LCEC) Hurricane Guide is a good way to make

sure you're prepared for storm season. Preparing early is key to riding out any storm that Mother Nature may bring your way.

The guide includes information about storm restoration process, preparing your home and business, life support, evacuation protocol, disaster supply kit, portable generator safety, debris and vegetation, and important phone numbers and links.

To download a copy of the guide, visit www.lcec.net.*

American Legion Post 123



American Legion Post 123 is serving a Father's Day prime rib dinner from noon to 8 p.m. this Sunday, June 20. Barbecued ribs and chicken are on the menu for Sunday, June 27. All are welcome.

On Tuesdays, tacos are served all day. Steak and cheesesteak sandwiches are served on Fridays. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m. Sunday specials are served from noon to 8 p.m.

The first Thursday of the month is Open Mic Night from 6 to 9 p.m.

The 8-Ball Pool League plays at 5 p.m. on Monday nights. There are two tables in play. Come out and watch the action.

If you have a flag that needs to be retired, you can drop it off at Post 123.

American Legion member eligibility dates are November 11, 1918 through present. All veterans are welcome.

Post 123 is a non-smoking facility with an outside area available for smokers. It is located at mile marker 3 on Sanibel-Captiva Road, open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. For more information, call 472-9979.*



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Notice to Mariners

While in my late 80s, I have most reluctantly and somewhat regrettably sold my special “little kingdom by the sea,” the Sanibel Marina and Gramma Dot’s restaurant.

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Boat Show
Ireland Family



The All
Ireland
Sales Team

J.R., Jane Anne, June, Debbie, Myton and Daphne



My family and I have been so fortunate to have been involved with so many families and friends on both islands for so many, many years selling hundreds and hundreds of boats and yachts while serving millions of meals to so many for so long so often.

A most sincere thank you to all for your trust, your loyalty, your camaraderie while visiting the Sanibel Marina and dining at Dot’s.

Most sincerely, Myton Ireland

- Most happily engaged in business on Sanibel for over one half a century -

CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

General admission is \$12 for adults, \$7 for ages 4 to 12, and no charge for ages 3 and under.

Guests learn about CROW's history and day-to-day operations through displays, interactive exhibits and video. The center also features live animal exhibits, children's areas and live camera feeds of the hospital intake room and several outdoor rehabilitation enclosures. General admission includes the daily presentation (see schedule) and no reservation is required.

Hours are 10 a.m. to 4 p.m. Monday through Friday. CROW is located at 3883 Sanibel-Captiva Road.

For the safety of the animals and other guests, masks are required at all times in the Visitor Education Center.

Wildlife Walk Guided Hospital Tours – \$25 (includes general admission)

Southwest Florida is filled with fascinating wildlife, and CROW provides a unique opportunity to look into wildlife rehabilitation and meet the staff responsible for their care. Wildlife walks are the best opportunity for visitors to get an in-depth look



into the inner workings of the hospital and the treatment process. The hour and a half program has two parts: the Daily Presentation in the Visitor Education Center and then a guided tour through treatment areas of the hospital, concluding on the rehabilitation grounds. This program is open to all, but it is not recommended for children under the age of 13. Masks are required at all times during the tour.

Tours are offered Monday through Friday at 12:30 p.m. Capacity is limited to eight participants. Advance Registration is required. Tours are subject to modification and cancellation based on patients recovering in the hospital.

To register, call 472-3644 ext. 229 or email reservations@crowclinic.org. Payment is required to complete reservation.

Daily Presentation Schedule:

Friday, June 18, 12:30 p.m., Patient Profiles: Gopher Tortoises – The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a keystone species. CROW's presenter will explain why

they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

Monday, June 21, 12:30 p.m., Patient Profiles: Virginia Opossums – Virginia Opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

Tuesday, June 22, 12:30 p.m., Patient Profiles: Gopher Tortoises – The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a keystone species. CROW's presenter will explain why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

Wednesday, June 23, 12:30 p.m., Species Profile: Snakes of Southwest Florida – Florida is home to 46 species of native snakes, only six of which are venomous. Although there is a widespread fear and misunderstanding of this animal, most species are harmless to humans and form vital links in the ecosystem. Snakes are extremely valuable because they are efficient at monitoring pest populations without relying on chemical pesticides which can degrade the environment and harm other animal species. One of CROW's animal ambassadors will be present.

Thursday, June 24, 12:30 p.m., Patient Profiles: Owls of Southwest Florida – Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the

unique adaptations of the native and migratory raptors of Florida, specifically the five species of nocturnal hunters known as owls. One of CROW's animal ambassadors will be present.*

June Is Flood Awareness Month

The South Florida Water Management District (SFWMD) Governing Board has recognized June as Flood Awareness Month, highlighting the district's ongoing efforts to support flood protection for 8.9 million residents. South Florida typically receives half of its annual rainfall during the summer wet season.

The district maintains and operates water management infrastructure to move and manage water in South Florida including:

- 2,200 miles of canals;
- 2,100 miles of levees;
- 760-plus water control structures;
- 620-plus culverts; and
- 89 pump stations.

Flood control in South Florida is a shared responsibility between SFWMD, local governments and communities/HOAs. SFWMD operates the large regional flood control system known as the Central and Southern Florida Project flood control system, first created by the federal government more than 70 years ago. Local municipalities, drainage districts and homeowners associations provide primary and secondary drainage and flood protection, and many of these systems drain into SFWMD's flood control system.

Residents can do their part to ensure flood protection for all by making sure their property and drainage swales are free of debris and not obstructing the flow of floodwaters after a storm.

To learn who provides primary drainage and how to contact them in the event of an emergency, visit www.sfwmd.gov/flood-control.*



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Nonprofits Work Together To Keep Animals Thriving

One nonprofit organization showcases marine animals. Another cares for creatures great and small throughout Southwest Florida.

The Bailey-Matthew National Shell Museum and the Clinic for the Rehabilitation of Wildlife (CROW) are celebrating their mutual love of wildlife by joining forces.

CROW Medical and Research Director Dr. Heather Barron has been providing specialized veterinary care for the sea life at the shell museum since before the aquarium opened.

"There is very little information on veterinary care for invertebrates, let alone care specific for mollusks," said Sam Ankerson, executive director of the shell museum. "Much of the work our aquarists are doing is uncharted territory. It's a great opportunity to work with an accomplished veterinarian and nonprofit partner on the island who is willing and eager to do the research to help better mollusk husbandry for the future."

Through the years, Dr. Barron has cared for everything from birds to turtles, raccoons to rabbits. And while many may think CROW cares only for creatures of the land and air that show up at the clinic, Dr. Barron is also certified in aquatic medicine.

"I am honored to be able to provide



From left: Alison Charney Hussey, CROW executive director; Dr. José H. Leal, shell museum science director and curator; Dr. Heather Barron, CROW medical and research director; Mark Delves, shell museum aquarist; Carly Hulse, shell museum senior aquarist; and Sam Ankerson, shell museum executive director photo provided

medical care for the amazing animals at the Bailey-Matthews National Shell Museum," said Dr. Barron. "The knowledgeable national shell museum staff is always a pleasure to work with and is invaluable in the effort to provide a world-class living mollusk museum."

In 2010, the shell museum was awarded a 15-year accreditation from the American Alliance of Museums, which enables the museum to demonstrate its

commitment to excellence and continued institutional improvement as a natural history museum to its communities, donors, and sponsoring agencies. Since the opening of the new Beyond Shells: Living Gallery aquariums in 2020, the museum has also been focused on obtaining accreditation by the American Aquarium & Zoological Association (AZA).

Veterinary care is a very important

aspect of AZA accreditation. One of the standards is that a certified aquatic veterinarian must be under contract with the institution and must make at least two visits a month to do health inspections. As part of the partnership, Dr. Barron visits the museum every other week to take a look at each of its marine animals – everything from fish to giant clams to the giant Pacific octopus. Before any new animals go on exhibit to the public, the animals go through a quarantine period after an intake exam from Dr. Barron. She inspects their body condition, checks weights, draws blood, examines their fecal matter, and performs any other diagnostics that may be necessary. She also does necropsies on any animal losses.

But the partnership between CROW and the shell museum is more than providing veterinary care. It also provides enhanced learning opportunities for students in CROW's externship and internship programs that may be interested in marine biology. "I often take students or vet interns with me to the museum because each trip offers a wealth of learning opportunities," said Dr. Barron. "Whether we are doing ultrasound on the giant Pacific octopus or drawing a blood sample from a California sea hare, every day is an exciting challenge that helps to advance the science of mollusk medicine."

The collaborative effort between CROW and the shell museum stands as an example of true partners working together to achieve their shared goals for healthy animals and ecosystems.✪

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A Retail Success Story



by Allison Havill Todd

The store known primarily for active footwear on Sanibel Island evolved from a vision by owner Gary Tateosian over 20 years ago. He opened

his first Synergy retail location in Keene, New Hampshire in 1996 with a focus on the "Life is Good" brand of clothing and accessories. After expanding to a few other locations in New Hampshire, as well as Massachusetts and Winter Park, Florida, the family-owned Synergy opened its location on Sanibel in 2005.

Within a few years since its opening, Synergy endured the great recessionary years of 2008-09, named as the longest period of economic decline since World War II, but instead of pulling back and retreating, Tateosian, along with son Michael, forged ahead to continue to grow the business despite economic pressures. Seeing an opportunity for a store offering active outdoor footwear on the island, Tateosian opened Sanibel Sole in 2010 next door to Synergy with well-known brands such as Taos, Teva, Keen and Birkenstock. He wanted to provide his customers with a wider range of products



Rachel Henley and Michael Tateosian
photos by Allison Havill Todd

without blemishing the core Life is Good brand associated with Synergy.

Local retailers had barely recovered from the damaging effects on their enterprises from the red tide outbreak in 2018 when the global pandemic in 2020 forced many owners to find new ways of doing business. However, the Tateosians kept their eye on the vision and have recently expanded the size and scope of Sanibel Sole. The store now not only offers the same selections of footwear for active lifestyles, but customers will also find a unique variety of clothing for men and women. Fun, stylish and chic pieces will appeal to those with an active lifestyle and can easily transform from a day at the beach to lunch or dinner with friends.



Footwear and clothing for active lifestyles

Vacationers and residents of the islands will find everything from trendy, casual island wear and footwear to accessories and jewelry to outfit a wide range of ages. Shoppers will also enjoy a lively and visually appealing display of merchandise in the new location. Sanibel Sole has a very loyal clientele who returns year after year and also purchases items from the newly created online store. And it's easy to see why customers keep returning to this location. Longtime General Manager Rachel Henley, along with other dedicated staff members, is friendly, accommodating and helpful without being intrusive. During a recent shopping trip to the store on a Friday afternoon, I was pleased to see it

bustling with energy and activity!

If you are looking to update or refresh your attire, you will be welcomed at the store that puts "soul" into everything they do. Sanibel Sole and Synergy are both located in the Tahitian Gardens shops at 1975 Periwinkle Way or online at: www.synergysportswear.com

Allison Havill Todd lives on Sanibel Island with her husband and two rescue dogs. She is an avid dog lover, business coach and active outdoor enthusiast. When she's not out with her dogs, you will see her running, cycling, paddling around the island. Follow her on @thedoggiemom and [facebook.com/thedoggiemom](https://www.facebook.com/thedoggiemom).

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Shell Found



Chris Allison photo by A. Ziehl

Chris Allison of Cypress, Texas found a junonia at Bowman's Beach. He was staying in Fort Myers. Allison said, "I was shocked to pull this up out of the water. It was the first shell of the day. We found it while digging in the sand in about a foot of water."**

Shell Found



Louis Darras photo provided

Louis Darras of Knoxville, Tennessee found an alphabet cone in perfect condition off the beach in front of the Sanddollar Condominiums. His wife, Caitlin Darras, said, "It rolled up in the surf during the late afternoon at low tide. This unique find will definitely go in our display case!"**

Shell Found



Bethany Holder photo provided

Bethany Holder of Pickens, South Carolina found a junonia in shallow water on May 30 while snorkeling with her husband on Captiva Island. They were staying at Sanibel Vacation House. She said, "We've been coming to Sanibel for seven years now, and it's always been my goal to find a junonia. My husband, Adam, found one three years ago. It's been like a competition for us, and now we are tied!"**

Fish Caught



Lucas Pierce, center, removing the line photo provided

Lucas Pierce caught a 10-foot sawfish off the beach in front of Pointe Santo Condominiums on June 9. He said, "I've been coming to the island since I was a newborn and I am now 20. My grandparents have been coming down to the island now for 46 years."**

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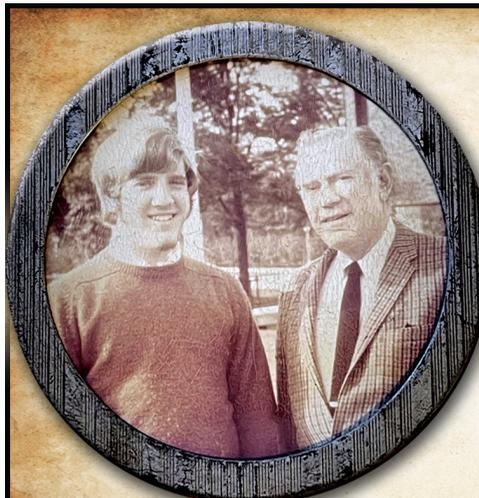


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 1 teaspoon Worcestershire sauce
 1 teaspoon garlic powder
 ¼ teaspoon cayenne pepper (optional)
 1 tablespoon all-purpose seasoning
 Sea salt and fresh ground pepper, to taste
 Preheat oven to 300 degrees. In a small saucepan over low heat combine hot sauce, butter, Worcestershire sauce, garlic powder, cayenne, salt and pepper and cook for 5 minutes. Remove from heat and set aside. Spray a baking sheet with nonstick spray. Spread out wings in one layer, season with all-purpose seasoning and bake for 45 minutes. Turn oven up to 425 and bake for additional 15 minutes or until golden brown and crispy. Remove from oven and toss with buffalo sauce and garnish with chopped fresh herbs. Serve with Florida vegetables on the side.✪



Buffalo Hot Wings

photo courtesy Fresh From Florida

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North American river otters

photo provided

CROW Needs Volunteers To Bring In Live Fish

The Clinic for the Rehabilitation of Wildlife (CROW) is putting a call out to anglers for fresh fish. The wildlife hospital has three hungry, growing otters to feed and is in need of volunteer anglers to catch live freshwater fish.

“One of the most important skills our otter patients need to develop is how to hunt,” said Breanna Frankel, rehabilitation manager at CROW. “With

a steady supply of live fish, the otters can finely tune their hunting skills to ensure their success once released into the wild.”

Nonnative, freshwater fish such as Mayan cichlids are the preferred fish for rehabilitation staff to offer the otters. Removing invasive fish from our waterways helps to preserve native species and habitat while also providing food for the otters. CROW is in need of a dedicated handful of volunteers to take on this task over the next couple of months. According to rehabilitation staff, 15 to 20 live fish are needed per day.

All Florida freshwater fishing regulations must be followed, including

being a licensed angler. If you are interested in helping provide fish for the otters, send an email to Breanna Frankel at bfrankel@crowclinic.org for more details and coordination.

The orphaned otters have been in care at CROW since they were just a few weeks old. North American river otters are very social creatures and otter pups typically remain with their mother throughout their first year of life. By seven to eight months old, they are capable of surviving on their own.*

Vegetation Trimming Notice

Vegetation trimming is in progress along Sanibel-Captiva Road and will continue through Friday, June 25 from 8 a.m. to 5 p.m. Vegetation along Sanibel-Captiva Road from Tarpon Bay Road to Rabbit Road is being trimmed on both sides of the road, including the shared use path, weather permitting.

Due to the nature of the vegetation work, one lane of Sanibel-Captiva Road may intermittently be closed to traffic. Be prepared to expect delays. Drivers and pedestrians should proceed slowly and cautiously through the area when workers are present.

If you have any questions, contact the City of Sanibel Department of Community Services Public Works Division at 472-6397.*

Fish Caught



Capt. Jimmy Burnsed and Lauren Tucker

photo provided

Lauren Tucker of Columbus, Indiana caught a five-foot blacktip shark in Pine Island Sound on June 9 while fishing with Capt. Jimmy Burnsed. Tucker was using cut bait and said she landed the shark just before the “dark of the moon.”**

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Jean Le Boeuf, News-Press



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The Community House

Star Anise



by Chef Jarred Harris

Star anise are the dried fruits of a certain type of evergreen tree. This fruit is a star-shaped seedpod filled with golden-brown seeds. The tree is native to Vietnam and southwest China and has been used in Chinese medicine for thousands of years. Star anise is an important part of Asian cuisine and is an essential ingredient in spice mixes such as Chinese five-spice powder and Indian garam masala.

Star anise can be used whole or ground and has a licorice-like flavor. Whole star anise is often used as an ingredient in dishes made with duck, pork and beans. Ground star anise is used in the preparation of cakes, cookies, and desserts made of fruit. Ground star anise can also be used to make tea.

Star anise and anise are not to be confused with each other. They are not genetically related, however, both plants

contain anethole, the substance that gives the licorice characteristic to both plants. Star anise is slightly bitter and stronger in flavor compared to anise, and star anise is much cheaper.

Star anise contains essential oils used in flavoring spirits such as absinthe, anisette, sambuca and ouzo. The essential oils are also used to make soaps, perfumes and toothpaste. The oil can be used to treat coughs and digestive disorders. Star anise is one of the ingredients of Tamiflu, which is the drug widely used to treat the flu.

Here is a simple recipe to try using star anise:

Duck Ham

Ingredients

- 2 tsp. fresh thyme (about 4 sprigs)
- 1 star anise cluster
- 1 clove garlic (crushed)
- 2 tsp. coarse ground black pepper
- 2 cups coarse sea salt
- 2 duck breasts
- Butcher's twine
- Cheese cloth

Method

Mix the salt and herbs together and place half of the mix in a zip closure bag. Place the duck breast in the bag with the salt mix.

Add the rest of the salt mix to the bag, seal the bag and place it flat on a plate, flesh side down.

Place in the refrigerator. Flip the bag over after 24 hours and ensure the duck is covered in the salt mix. Refrigerate for another 24 hours.

Remove the duck breast from the salt and lightly rinse.

Pat the duck breast dry with paper towels and place each breast on precut cheese cloth. Tie with butcher's twine and hang in your fridge* for 4 days.

*The temp. of your fridge must stay below 40 degrees F for this curing process to work properly.

Although I have retired early and

am no longer the resident chef at The Community House, my heart is still with the members of SCA and the Sanibel community. I will continue to share my knowledge and recipes with you. Please be a patron of The Community House and visit the Culinary Education Center.*

ISLAND SUN BUSINESS NEWSMAKERS

Royal Shell Real Estate



McMurray & Members



Trevor Nette

The top listing and top sales producers team for May at Royal Shell Real Estate was McMurray & Members; the top listing and top sales producer individual/partners was Trevor Nette.*

Contract Awarded For Algae Treatment

The Lee Board of County Commissioners on Tuesday approved to award a one-year, as-needed contract to Solitude Lake Management to provide collection, remediation, transfer, treatment and/or disposal of blue-green algae or similar threats from various county canals and waterways.

The board awarded the as-needed contract as a proactive measure to expedite Lee County's response and cleanup efforts in the event of a harmful algae bloom. Extensions of the one-year contract may be negotiated.

In the summer of 2018, Lee County suffered a large harmful algae bloom that

resulted in thick mats of blue-green algae in numerous waterways. Testing indicated high levels of microcystin, which is a toxic strain of cyanobacteria. Recognizing the potential health threats to the community as well as impacts to the recreational use for residents and visitors, the State of Florida funded a county-managed, major cleanup effort.

Water quality is a top priority of the Lee Board of County Commissioners and water quality projects are under way year-round.

Earlier this year, the board supported the creation of a new citizen resource website, Our Water Story: Lee County's Water Quality Initiative, at www.leegov.com/water. The site features a story map to take visitors on a tour of the watershed, discussing the challenges and causes as well as the steps Lee County and partner agencies have taken to help improve local water quality.*



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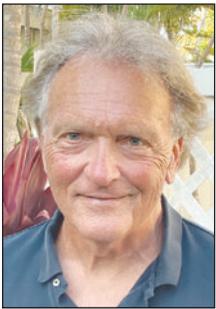
Fish Caught



Bobby Hitchcock

photo provided

Bobby Hitchcock of Tampa, Florida caught a 40-inch snook on June 8 at Beach Access #7. He was using live ladyfish and a Tailored Tackle Multispecies Combo rod and reel.*



Poetry Corner

by Clay C. Ewell

FATHERS

As one day ends and passes into the next and with it, wearing
away yet another moment
Of a life lived or squandered, or some bewildering joining of
the two, I sit and visit with a memory of a time when the world
seemed simple and focused upon
What may be the only things that ever really mattered.
And as it has happened before, I reach upward with my small

hands and find those offered

To me from above, from the two pillars that underpin the egg of my world.
And your voices soothe me as my heart fastens to the sound of the entwined songs
Of a father and son, as they speak of their love while observing ancient custom,
Festooning the garments of their shared eternity with distracting ornaments and
trinkets.

I see and hear and feel the words that remain suspended in silence and the
embraces That ceased with the yearning and I am there once again with you my
father and my Father's father, connecting you and us in a moment that lingers
That endures, that sustains, through all the years that now separate us.

*Clay C. Ewell resides on Captiva with his wife and four-legged family. Self-employed as a consultant in the construction industry for 35 years, he flirts with retirement while enjoying time with Rita and pursuing his interests in reading, writing and cycling. Your comments and contributions to this feature are welcome at press@islandsunnews.com.**

Top 10 Books On The Island

1. *Malibu Rising* by Taylor Jenkins Reid
2. *Float Plan* by Trish Doller
3. *The Clover Girls* by Viola Shipman
4. *That Summer* by Jennifer Weiner
5. *The Anthropocene Project* by

- John Green
 6. *Hello Summer* by Mary Kay Andrews
 7. *A Perilous Proposal* by Jennifer Schiff
 8. *The Bomber Mafia* by Malcolm Gladwell
 9. *Grit* by Angela Duckworth
 10. *A Land Remembered* by Patrick Smith
- Courtesy MacIntosh Books and Paper.*



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Book Review

A Gambling Man



by Di Saggau

I always look forward to reading a book by David Baldacci, and his latest *A Gambling Man* was especially enjoyable because it is set in the 1950s, a time I remember with very fond memories.

Tipping a car valet was 25 cents and a waitress usually got one dollar. Not to mention the price of gas. Showing at the local movie theater was *The Fountainhead* with Gary Cooper and Patricia Neal. It reminded me of the time I interviewed Ms. Neal after she recovered from her stroke. But that's a different story.

The main character is Aloysius Archer, who we have met before. He is fresh out of prison, serving time for a crime he did not commit. Wanting to start a new life, he heads for Reno on his way to California, where he hopes to begin work with Willie Dash, a private eye and former FBI agent.

In Reno, he meets up with a show girl named Liberty Callahan. She's a gal with looks, brains and guts, and I would love to see her in another book. The two hook up on their way to Bay Town, California, driving a blood-red 1939

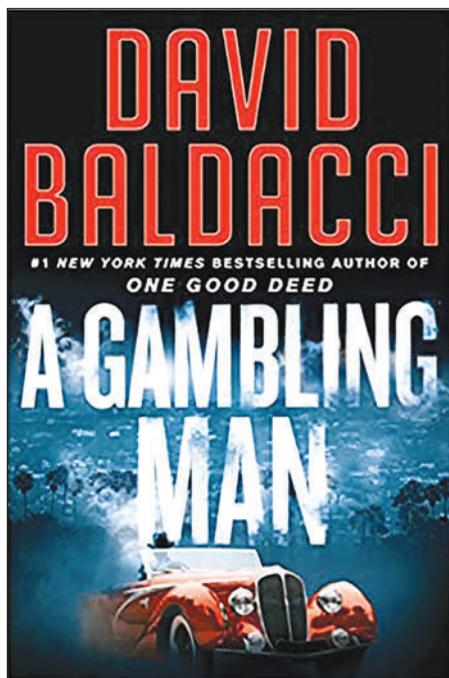


image provided

Delahaye convertible that Archer, who is not a gambling man, won along with \$4,000 (worth nearly \$44,000 today). It's a beauty with the driving wheel on the right side because that's the way the Brits do it.

When the two arrive in Bay Town, they discover that the many people who arrived there seeking fame and fortune landed in a false paradise. Their trip to California is action-packed, and it really heats up once they land in Bay Town.

Archer's first case as a novice detective involves political corruption, drug addiction and a bunch of scandals that are as relevant today as they were then. Bay Town is a corrupt town selling itself

as the promised land.

The main characters are well-drawn, so much so their return in another novel would be welcomed. *A Gambling Man* is Baldacci at his best. ✨

School Smart



by Shelley M. Greggs, NCSF

Dear Readers, Here's additional good news from the Lee County Library System that will help make summer for you and your children much

more enjoyable. As you may remember, last week I wrote about this library's great summer program, Teen Summer of Service, for middle and high school students who need service hours. This week, I want to let you know about a variety of additional programs that are available for pre-school children through young adult-plus. There's plenty here to choose from and enjoy.

Lee County Library's summer program is entitled Tails and Tales Summer Reading Program for All Ages and runs from June 14 through August 1. Registration is open now.

The Summer Reading Program is designed for every age group: birth to pre-kindergarten, kids (ages 6 to 11), teens (ages 12 to 18) and adults (age 19 and older). There are two ways to participate in the reading and activity challenges. Complete either challenge or both.

Option 1: Paper-Based Reading & Activity Challenges – Pick up the paper challenges at any library or download them from www.leegov.com/library/documents/prekbrochure.pdf

Complete at least 15 fun activities with your little one throughout the summer. Fill out the entry form when you're done and return to any library location by August 3.

Kids Activity Book Challenge at www.leelibrary.librarymarket.com/sites/default/files/2021-05/kidsbookletsumread21.pdf. All public elementary students received an activity book challenge at school, prior to the end of the school year. Limited additional supplies are available at all branch locations, while supplies last.

Complete the activities and reading log, fill out the entry form and return to any library location by August 3.

Teen Summer Bucket List Challenge provides a host of activities at www.leegov.com/library/documents/teenbrochure.pdf. Complete at least 15 of the activities listed then complete and return the entry form to any library location by August 3.

Option 2: Virtual Reading & Activity Challenges – Complete the virtual challenges through READsquared for more chances to win awesome prizes throughout the summer.

Sign up for a free account or download the READsquared mobile app. Participate in the virtual program for fun activities and chances to win weekly prize giveaways and the Summer Reading Grand Prizes.

The READsquared challenge features a daily reading log and fun activities to keep you busy all summer long.

Virtual programs are available for all ages, including online storytime, will be offered all summer long.

Birth to 5: New, on-demand, virtual story times are available each Wednesday at 10 a.m.

Kids: New, on-demand, kids programs offered daily on weekdays.

Teens: Live virtual programs for teens offered Tuesdays at 1 p.m., with recordings available through August

Grab and Go Craft & Activity Kits – Starting June 14, weekly activity kits for ages birth to pre-k, kids and teens will be available on a first come, first served basis at all Lee County Library System locations. Grab and go craft kits are also available for adults, with new crafts offered monthly in June and July, while supplies last.

Weekly Giveaways – Participants that enroll in READsquared are automatically entered to win random, weekly prize drawings. Prizes include books, tote bags, journals and more. There will be multiple winners each week from all library locations.

End of Summer Prize Drawings – Participants that earn at least 450 points through READsquared by August 1 and/or return their completed paper challenge entry form by August 3, are automatically entered to win the branch basket for their age group. There will be one prize per age category per branch for READsquared and one prize per system for the paper-based challenges. Winners must be able to pick up their prize in person at the designated Lee County Library System location.

Shelley Greggs is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com or at www.schoolconsultationservices.com. ✨

Continental Women's Club

The Continental Women's Club will hold a luncheon meeting at The Hideaway Country Club on Thursday, July 1 at 11:30 a.m.

The program will feature Alexandria Edwards, marketing and public relations coordinator at the Edison Ford Winter Estates. Discover all you need to know about these historic homes as well as the surrounding gardens, laboratory and museum. Cost for the luncheon is \$24.

The Hideaway Country Club is located at 5670 Trailwinds Drive in Fort Myers. Call Liz Paul at 691-7561 for more information or to make a reservation. ✨



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Summer Reading And Exhibits At Sanibel Library

Sanibel Public Library invites parents to register their children for the Summer Reading Program. This year's theme is Tails and Tales, with a focus on animals. All children, from babies to teens, can be registered. Participants will receive a gift (quantities are limited). Programming will be available online at www.sanlib.org and Take and Make activities will be available for pick up.

Instead of paper logs for tracking reading and activities, the library offers Beanstack. Sign up from a smart phone or computer, or call the library for help. Beanstack is a free, user-friendly app for PCs, Apple and Android devices. Adult readers can also use Beanstack. Go to <https://sanlib.beanstack.org/reader365>.

Youth Services Librarian Deanna Evans posts her Baby Bounce Time videos and storytime videos to the library's children's webpage. The library will be hosting online programming from Page Turner Adventures starting Monday, June 21, with weekday programming continuing for four weeks.

Other services for younger patrons include Brainfuse HelpNow. In addition to summer camp, with live tutors in math, science, reading and social studies, Brainfuse offers PSAT/SAT, ACT, AP and state standardized test preparation. The tutoring service for grades K-12 is



Summer reader Jasper Ruiz posing for a picture with the library's gorilla

photos provided

available from 2 to 11 p.m. each day of the week, in English and Spanish.

Element MR Desktop Pro computers were recently added to the teen area of the library. The space includes webcams, comfortable headsets, and chairs that are perfect for gaming. The computers are set up with software that includes 3D modeling, music and audio production, video production, graphic design, game development and coding, plus games like Minecraft. Sanibel Public Library cardholders can also log in to Brainfuse for lessons, or borrow books that teach



Margie Klein with her penguin figurine collection on display

the design process.

Peter Zell of Sanibel Captiva Art League has 30 of his original plein air landscape paintings on display and for sale this month. Stop by the service desks for more information.

Margie Klein is displaying her collection of more than 100 penguin figurines this month.

Computers, printers, scanners and fax machines are available as well as magazines and daily newspapers. Contact-free curbside pickup is available for those who are not able to come into

the library. Materials can be placed on hold and picked up outside the building on weekdays from noon to 3 p.m.

The Library is open from 9 a.m. to 1 p.m. on Saturdays in June, July and August. The library will be closed on Monday, July 5 in observance of Independence Day.

Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor library cards are available for a \$10 annual fee. For more information, call 472-2483 or www.sanlib.org.*



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Superior Interiors

Bring In Outdoors With Plants And Greenery

by Jeanie Tinch



As the spring and summer seasons are upon us, we say hello to the long days of warmth and sunshine. Although we all love the outdoors for all its glory, there are also ways to bring the outdoors inside and create the illusion of spring or summer inside of your home as well.

Hues like gray, yellow, teal and magenta are some colors to consider for the upcoming season, as décor publications have covered in their round-up of the Color of the Year predictions for 2021-22. But painting the walls and purchasing new comforting accents are not the only routes you can take to bring the outdoors in. Plants and greenery can make a major statement in your home, especially this time of year.

If introducing plants to your interior living space has been on your mind for a while but you're not sure where to get started, consider this thought for inspiration. The last thing you want to do is fill a room with flowers and houseplants

without paying attention to how much water, sun and overall nurturing they need. Therefore, starting in an area like a sunroom or lanai makes the most sense; consider it the transitional area between the outdoor and indoor living spaces in your home. From there, you'll get a better understanding of how much attention your plants need and then you can move them throughout the home.

You may find that certain styles of furniture and overall room themes work well with houseplants and fresh flowers. Rattan and wicker furniture options have become very popular for indoor settings of all types and can complement a room full of fresh greenery seamlessly.

For those who have never handled fresh indoor greenery before, or have a hard time keeping a vase of flowers fresh for just a few days after bringing them home, faux plants might be the better option. Of course, we strongly recommend going with the greenery that mimics the look of live plants. Then, you can have the spring and summer tropical aesthetic without the upkeep, and you'll be able to enjoy them year-round if you please.

Can you ever have too many plants? When it comes to how many houseplants you want to bring into your living space, remember that less is more. Filling the room to the brim with plants, especially if you're new to this design consideration, can be more cluttering than inviting. We recommend starting with one or two table plants and adding a few floor plants as you feel more comfortable taking care of them.

If you place the plants in a room and it still feels like it needs more life, perhaps

it's the surrounding design scheme. Accent the room with floral cushions, pillows, or rugs. Add natural-style lamps and botanical artwork. Use shades of blue, yellow and green for a coastal, spring touch. These elements can help you achieve the look you wanted to create with more houseplants. If you have never included plants in the design scheme of your home (whether real or faux) and you're not quite sure how to style them, a design professional can assist you with suggestions to bring the "outside in" to your living space.

Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at jeanie@coincidec.com.

facilities, wastewater flows and alternatives for septic system conversions within the unincorporated county. The plan will be developed in cooperation with municipalities and partner agencies.

This is a cooperative effort with two departments – Lee County Utilities and the Department of Natural Resources – to support improving water quality and enhance environmental protection. The CWMP will include elements to satisfy requirements for the Caloosahatchee and Estuary Basin Management Action Plan (BMAP), future adopted or updated BMAPs and Senate Bill 712 – Florida Clean Waterways Act.

The CWMP will evaluate the number of on site septic systems and future population projection demands in order to provide a list of capital improvement projects to support responsible septic conversion. A list of priorities and recommendations will include different methods for septic conversion, estimated costs for capital projects and possible funding sources for the projects.

The \$724,313.30 contract with AECOM was awarded through competitive negotiation. The board approved the project funding as part of the FY21 Utilities Capital Improvement Program. The work is expected to begin this fall and be completed by the end of 2022. For more information, visit www.leegov.com/water.

County Approves Contract For Wastewater Plan

The Lee Board of County Commissioners have approved to award a professional services contract to AECOM, Inc. to provide evaluation and planning for the Countywide Wastewater Master Plan (CWMP).

The plan will provide a comprehensive analysis of the county's existing wastewater collection systems, wastewater treatment

From page 1

New Exhibit



Works represent how artists envision the future

photo provided

and learn more about the artists.

"The virtual galleries are a great way for us share these wonderful young artists and their work with a much wider audience," said Lauren Huff, programs and gallery manager. "Many of our patrons are seasonal, and the virtual gallery allows them to experience our summer exhibits and share them with their friends back home."

The show is a multi-media exhibition in which the artists imagine the future from the vantage point of this historically turbulent and uncertain time. The work on display ranges from pieces as personal as sewing together one's cultural and familiar heritage, to work that explores

the wider world and interrogates colonialism and income inequality. One piece in the exhibition offers solutions to competitive occupations through an alternative game of chess, where players work collaboratively to turn pawns into queens.

The exhibit can be viewed in the Dunham Family Gallery between 10 a.m. and 3 p.m. Tuesday through Friday and from 9 a.m. to 1 p.m. on Saturday. The online exhibit can be viewed at any time.

BIG ARTS is located at 900 Dunlop Road on Sanibel. For more information, call 395-0900.

The BIG ARTS 2022 season will be announced in August.

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Matsumoto Book Wins Again

The book *Captivated, The Art of Ikki Matsumoto* has been recognized by the publishing industry once again, this time with a bronze medal in the 2021 Independent Publisher Book (IPPY) Awards in the Coffee Table Book category. This comes on the heels of the gold medal the book won at the 2021 Florida Book Awards.

Launched in 1996, the Independent Publisher Book Awards brings increased recognition to the deserving but often unsung titles published by independent authors and publishers. Open exclusively to independents, the IPPYs recognizes the year's best books and brings them to the attention of booksellers, buyers, librarians and book lovers. The IPPY Awards contest is among the largest and most recognized book awards events in the world.

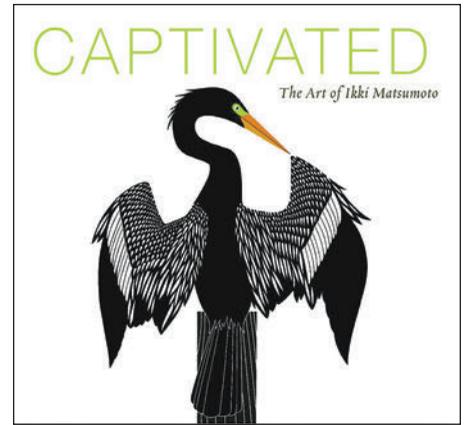


photo provided

"The IPPYs is a global competition, so being singled out by them as one of the top three coffee table books in the world this year is quite an honor," said *Captivated* author and publisher Steve Saari. "It is also a testament to the one-of-a-kind talents of Ikki Matsumoto and we hope recognition like this can help his art reach a larger audience."✧

From page 1

Best Cupcake



MudBugs Mardi Gras theme

photo by Allison Havill Todd

included an image of a crescent moon stemming from a wooden platform playing off the "luna" part of the restaurant's name. The cupcakes were topped with a vanilla cream based frosting designed to look like pasta noodles with a topping of chocolate "meatballs" drizzled with a strawberry jam, emblematic of spaghetti sauce.

Mimicking the name of the restaurant, the Doc Ford's team developed a very clever foundation of a wooden pier and "dock" with a vintage style "Ford" pick-up truck backing up to it. The truck even had working headlights. The cupcakes were based on a carrot cake recipe and topped with a blue frosting depicting the gulf and sprinkled with brown sugar to resemble sand. A few of the cupcakes were topped with an edible beach umbrella.

Equipped with their scoring sheets, the judges from Joey's Custard, The Community House, SpoonDrift, Bailey's

and The Pecking Order were asked to view each assembly and sample the baked goods. A difficult task indeed to select a winner as each team had done a remarkable job in crafting their imaginative displays and treats.

Once all the individual category scores were tallied, the final results were revealed to award first place to the Matzaluna team, second place to the Doc Ford's team and third place to the MudBugs team, though all demonstrated first rate imagination, creativity and talent!

Allison Havill Todd lives on Sanibel Island with her husband and two rescue dogs. She is an avid dog lover, business coach and active outdoor enthusiast. When she's not out with her dogs, you will see her running, cycling, paddling around the island. Follow her on @thedoggieomom and facebook.com/thedoggieomom.✧



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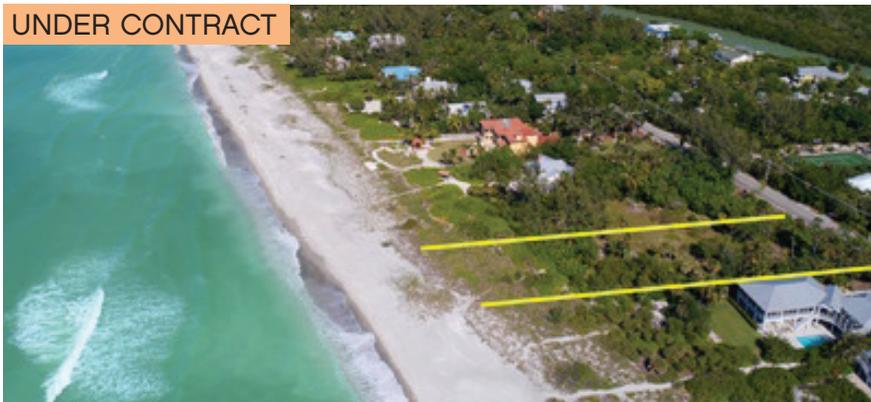
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Rotary Happenings

submitted by Cindy Carter

The arts has always been a form of entertainment for many people. During the pandemic, we all searched for things to do to occupy our minds and help us cope with the lack of socialization. Many of the institutions that provide a format of the arts stepped up to the plate and heard the call of the public who was missing their normally scheduled programs. They also began to reach out to new patrons who would benefit from their programs.



Many groups that normally were leading the way in providing programs for the arts had to do some quick maneuvering in order to continue to provide those programs for a now virtual based public. This was most definitely the case with our very own BIG ARTS, as well as the Chautauqua Institute based in New York.

This past week, we heard from Emily Morris, Chautauqua Institution chief brand officer. Chautauqua Institution is a not-for-profit, 750-acre community on Chautauqua Lake in southwestern New York State. Approximately 7,500 persons are in residence on any day during the season.



Chautauqua Institution

photo provided

Morris explained how normally the Chautauqua Institute provided experiences during its Summer Assembly and “shoulder” seasons. Every summer, over the course of nine weeks, more than 100,000 people visit Chautauqua Institution, engaging in numerous activities; everything from a lecture series, dance, music, theater, art, the list is ever growing. Chautauqua

Institute is now providing experiences for a growing number of people all year long via the Internet with its online lecture series.

We are thankful for the institutions that provide us with programs to explore, learn, relax and grow, either local or afar.

The Sanibel-Captiva Rotary Club is holding hybrid meetings on Zoom

and in person at The Dunes Golf & Tennis Club. To attend a meeting in person (limit 20), email Bill Harkey at william.harkey@gmail.com by Wednesday. Zoom meetings are held on Fridays. Log on as early as 7 a.m., the meeting begins at 7:30 a.m.✳

Local Named To Dean’s List

Hannah Alston Fay of Sanibel has been named to the Wofford College Dean’s List for the 2021 spring semester.

To be named to the dean’s list, a student must be enrolled for at least 12 semester hours of graded courses and attain a semester grade point average of 3.6 or higher.✳

From page 1

Guided Tours

summer progresses.”

Free educational tours are made possible through support from the “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS). For more information, visit www.dingdarlingsociety.org/articles/free-refuge-programs or call 472-1100 ext. 221.

To support DDWS and the refuge with a tax-deductible gift, visit www.dingdarlingsociety.org or contact Birgie Miller at 472-1100 ext. 4 or director@dingdarlingsociety.org.✳

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5

1. LAKE & GOLF COURSE VIEWS IN BEACHVIEW - SANIBEL

- 5 BR/ 3.5 BA completely renovated with gourmet kitchen, soaring 2 story ceilings, and incredible views
- Private office, library, formal dining room, private pool, 2 car garage & more
- **\$2,695,000 EURO 2,204,949**

2. ON A WHIM - CAPTIVA

- 2BR/ 2 BA cottage located steps to the Bay in the Captiva Village area
- Newly painted, wood plank tile floors, multiple lanais, & tropical décor
- **\$1,295,000 EURO 1,064,765**

3. CANAL LOT ON SANIBEL

- Build your island dream home on this wonderful canal lot on Sanibel's East End
- This location offers both the ability to get a boat to the Gulf of Mexico, while also being walking distance to Sanibel's famous beaches
- **\$699,000 EURO 591,365**

4. 5 HOUSES FROM THE BEACH ON SANIBEL

- 3 BR/2 BA ground level beach house just 5 homes from the private beach access
- Roof, AC, & garage door recently updated. Great rental potential or perfect island getaway
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5. HAPPY DAZE - CAPTIVA

- 4 BR + den/4 BA home situated among the tropical vegetation just a short walk to the Captiva Village
- Wood floors, open kitchen, soaring ceilings, fireplace, large lanai overlooking the private pool & spa
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6. REMODELED DIRECT ACCESS HOME IN SHELL HARBOR - SANIBEL

- 4 BR/ 2.5 BA ground level home with tray ceilings, large kitchen & living area perfect for entertaining
- Private pool, 2 outdoor showers, wrap around boat dock & 10,000 pound lift with direct access to the Gulf of Mexico
- **\$2,450,000 EURO 2,014,421**

7. VIEWS OF THE SANIBEL RIVER - SANIBEL

- 3 BR/ 4 BA home in the Beachview community offering beach access and views of the Sanibel River
- Concrete construction from the floor up, private pool and spa with 2 story screen enclosure
- **\$1,749,000 EURO 1,434,917**

8. CAPTIVA HIDE A WAY

- 2 BR/2 BA move in ready condo with gorgeous Bay views & steps to restaurants and shops
- Intimate community includes Bayside pool, 220ft pier with dock, fitness room, garden & more
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9. CUSTOM DESIGNED LAKE & RIVER FRONT HOME - FORT MYERS

- 4 BR/ 3.2 BA + office with soaring 2 story ceilings, chef's kitchen, loft area, daily sunsets from the 180 degree views of the River
- Outdoor kitchen & resort style pool with swim up bar, waterfall, sun shelf, & spa
- **\$2,395,000 EURO 1,944,840**

10. LONG CANAL VIEWS ON PERIWINKLE - SANIBEL

- 3 BR/3 BA home with 120ft of canal frontage, private 60 foot boat dock and lift
- Elevated pool and spa, vaulted ceilings, elevator, fireplace, and 2 car garage
- **\$2,300,000 EURO 1,886,970**

NEW LISTING



6

NEW LISTING



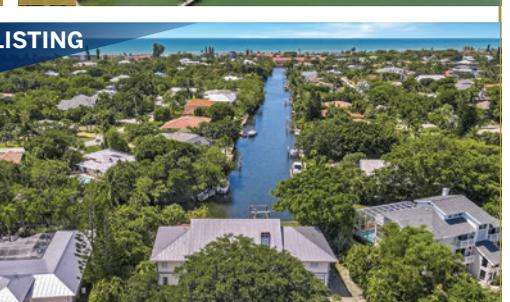
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Do You Mean A Revocable Or Irrevocable Trust?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

“I need to amend my irrevocable trust,” John said. “You can’t amend something that’s irrevocable,” I answered. “Are you sure that the trust you’re talking about isn’t revocable?”

“Yes, maybe it’s revocable,” John replied, nodding his head.

It is easy for laypeople to become confused over terminology. In most situations, clients have revocable trusts. Otherwise known as a “grantor” or “living trust,” revocable trusts are used, among other things, to keep your financial and legal affairs private, avoid guardianship in the event of your incapacity, and avoid a public probate court process when you die.

A revocable trust is also referred to as a grantor trust, which is a term defined under our federal income tax laws. For federal income tax purposes, a grantor trust is indistinguishable from the person who established it (often referred to as the “Settlor” of the trust). It uses the settlor’s social security number as the tax identification number, so no separate income tax return Form 1040 is filed annually.

When John Doe changes title on his investment accounts and real property to “John Doe, Trustee for the John Doe Trust dated May 1, 2021,” all those accounts still use his social security number as the account’s tax identification number. During John’s lifetime, the trust income and expenses appear on his own Form 1040. A revocable trust is tax neutral. It neither helps nor hinders the settlor’s federal income tax situation.

A trust is revocable in the sense that the settlor may always change the terms of the trust. The settlor can, by a properly signed trust amendment, change the trustee, trust beneficiaries, the terms under which the trustee can invest and distribute trust assets, and the terms under which beneficiaries will inherit the assets, so long as she has “testamentary capacity.” This is defined as the mental capability to understand the extent and value of her property, the persons who are beneficiaries, the disposition she is making, and how these elements relate to form an orderly plan of distribution.

Just because someone is old does not mean that they lack testamentary capacity. Even a person afflicted with the early stages of dementia can have lucid moments, enabling her to legally amend a revocable trust.

For federal transfer (gift, estate and generation skipping) tax purposes, the value of assets held in the revocable trust is included in the estate of the settlor.

Are all revocable trusts grantor trusts? Yes. Are all grantor trusts revocable? No. Some irrevocable trusts are grantor trusts for federal income tax purposes. Generally speaking, settlors cannot revoke or amend irrevocable trusts. Most irrevocable trusts are used to remove assets from the settlor’s estate for federal estate tax purposes. The federal estate (transfer) tax system is separate and apart from the federal income tax system.

Examples of irrevocable trusts include Irrevocable Life Insurance Trusts (ILIT), Grantor Retained Annuity Trusts (GRAT), Qualified Personal Residence Trusts (QPRT), Spousal Lifetime Access Trusts (SLAT), Charitable Remainder Trusts (CRT), Inheritor’s Protected Trusts, and Intentionally Defective Grantor Trusts (IDGT).

Many of these trusts may remain grantor trusts for federal income tax purposes, but for gift and estate tax purposes, the transfer of the assets to the trust removes them from the settlor’s estate.

Once the trusts are established and assets transferred to them, their settlor cannot easily change his mind and reverse the transaction without incurring adverse tax or legal consequences. That is why it is vitally important to understand the drafts of these trusts before signing and funding them.

Irrevocable trusts that are not grantor trusts typically have an independent trustee from the settlor (who might be his spouse or children who are also beneficiaries) and use a separate taxpayer identification number, which requires the filing of a Form 1041 annually for income tax purposes. When transfers are made to the trust, a Federal Gift Tax Return Form 709 is often filed. I wrote about gift tax returns in a recent column that you can find at <https://floridaestateplanning.com/what-every-client-needs-to-know-about-gift-tax-returns/>

Even though an irrevocable trust cannot be amended by its settlor, that does not mean that they are all inflexible. When warranted, I usually draft flexibility into my clients’ irrevocable trusts by allowing a beneficiary/trustee to control investment, distribution and remainder decisions, or by granting powers of appointment, and/or using trust protectors. When using these types of provisions properly, the attorney must have extensive knowledge of the interaction between federal income and transfer tax laws, as well as how state law fits into the plan.

The federal income and transfer tax systems are built largely independent of one another. That is good and bad. From one viewpoint, it is confusing to the client. From another, an estate planner with extensive knowledge can legally manipulate these differences using tax saving strategies for the client and her family.

Bernie Sanders’ recent legislation attempts to prohibit or severely limit the use of some of these strategies that bridge the difference between the federal income and transfer tax systems. Consequently, if you have a larger estate, it is time to consider implementing these strategies before Congress prohibits their use.

The use of irrevocable trusts will become more common with upcoming changes to the gift and estate tax laws. Here, I hope I provided a frame of reference which helps when speaking to your attorney.

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How’s The Market? Ask Ann

Resale homes on Sanibel continue to decline to just 25 homes for sale. Let’s take a look at Sanibel’s high end market, which generally consists of Bay Front and Gulf Front homes. Only 3 Bay Front homes for sale priced between \$4,425,000 and \$7,395,000 and 2 Gulf Front homes priced between \$4,395,000 and \$7,995,000. All of our markets have had substantial price increases since the beginning of 2021; approximately 20-25%. I expect this to continue until our inventory starts to increase. Buyers: If you can afford the house and like it... Buy it. Sellers: Call me for a confidential discussion. My commission rate is 4.5%, as opposed to a 6% rate.



Ann Gee
Broker/Owner

17 Closed Sales Going Back One Week: 6 Homes, 6 Condos & 5 Lots

971 Main St. Vacant lot - \$200,000	2098 Wild Lime Dr. - \$780,000
9056 Mockingbird Dr. Vacant lot - \$349,000	2445 West Gulf Dr. E3 - \$787,000
9042 Mockingbird Dr. Vacant lot - \$385,000	4377 Gulf Pines Dr. - \$860,000
1501 Middle Gulf Dr. C409 Sundial West - \$485,000	2311 West Gulf Dr. 13 White Sands - \$938,000
827 East Gulf Dr. I2 Sanibel Arms West - \$599,000	1785 Middle Gulf Dr. B101 Sand Dollar - \$1,050,000
6505 Pine Ave. - \$675,000	1743 Jewel Box Dr. - \$1,350,000
1501 Middle Gulf Dr. C303 Sundial West - \$690,000	9441 Peaceful Dr. - \$1,395,000
3031 Poinciana Circle - \$690,000	0 West Gulf Dr. Vacant lot - \$3,700,000
6519 Pine Ave. Vacant land - \$725,000	

Call or email me with any questions. Stay safe & have a successful year!

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All-Electronic Tolls Adopted For Area Bridges

All-electronic tolling will continue permanently on the Cape Coral, Midpoint and Sanibel Causeway bridges under a plan approved recently by the Lee Board of County Commissioners. The approved plan also means the board will return to the same tollway fee structure that was in place before the pandemic, including reinstating a \$3 administrative fee for motorists who do not have transponders. The fee was suspended last year during the COVID-19 pandemic.

The board also voted to conduct a public hearing (date TBD) to eliminate the current motorcycle toll discount to be consistent with the state’s SunPass program. (The discount is for \$1 or \$4, depending on the bridge.)

Transponders used for all-electronic tolling are available, free of charge, at www.leewayinfo.com.

The benefits of continuing all-electronic tolling include:

- Easing traffic congestion;
- Enhancing driver and employee safety;
- Maximizing the technology capabilities

already in place at the toll plazas; and Mirroring changes made to Florida’s SunPass program.

In March 2020, cash transactions were eliminated due to the emerging COVID-19 pandemic. Instead, the county handled tolling through transponders or by pay-by-plate, in which license tags are photographed as vehicles pass through the toll plazas. March 2020 also was when the \$3 administrative fee for each pay-by-plate transaction was suspended.

Now that all-electronic tolling will be the standard going forward, the \$3 administrative fee for toll-by-plate will be reinstated in October. That means the toll on the Cape Coral and Midpoint bridges will be \$2 with a transponder and \$5 for pay-by-plate, including the administrative fee. Likewise, the toll on the Sanibel Causeway will be \$6 by transponder or \$9 for toll-by-plate.

Also, if approved after a public hearing, motorcycles will pay the same rate as standard passenger vehicles. This would begin in October.

The county will implement a communications campaign to ensure motorists and stakeholders are aware of the changes before fall.

For more information on LeeWay, Lee County’s tolls program, go to www.leewayinfo.com.✱

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- Perfect Investment to own a piece of Paradise.

\$599,000

16280 CAPTIVA DRIVE



BALI HI

- Tropical Island Paradise Getaway! 6 BR, 6 BA, 4,402 SF +
- Clear Blue Water, White Sugar Sand, Breathtaking Sunsets
- Open Concept, Huge Lanai, Guest house, Private Beach, Rental Income 600K per Yr!

\$8,900,000

15138 WILES DRIVE



CAPTIVA BEACH FRONT

- 102 Feet of Premier Gulf Frontage, Amazing Rental Income
- Comfort Meets Luxury, 6 BR, 5.5 BA, 4,611 SQFT
- Private Oasis, Huge Deck space, Pool, & Putting Green

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SAWGRASS PLACE



PREMIER NEAR BEACH LOT

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- 10' Elevation, corner lot off West Gulf Drive

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11559 LAIKA LANE



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- An Awesome Investment Opportunity for Vacation Rentals!

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1237 ISABEL DRIVE

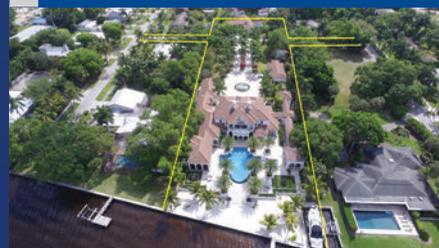


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- Open Concept, Incredible Millwork & Cabinetry
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15867 CAPTIVA DRIVE



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Frankly Speaking

by Howard Prager



Ooh lala, highlights from the French Open finals. On the women's side, Czech player Barbora Krejčíková won her first Grand Slam title on Saturday, defeating Russian Anastasia

Pavlyuchenkova. "Anastasia has her leg wrapped in tape and was battling a knee problem since the third round. It left her with problems on her service games, and she was broken six times by Krejčíková," according to Yahoo Sports. Now to see if favorites Serena Williams and Naomi Osaka take the court again and make their comebacks at Wimbledon.

On the men's side, "Stefanos Tsitsipas could not have done much more in his valiant bid to win his first Grand Slam title, but instead it was Novak Djokovic who staged another brilliant recovery from two sets down to claim his 19th. The world number one produced another comeback of the kind for which he has become famous to win, 6-7 2-6 6-3 6-2 6-4, and he is now just one slam behind Roger Federer and Rafael Nadal," according to EuroSport. As we move to the grass at Wimbledon, let's see if Djokovic can tie them.

Big ouch. A Euro 2020 match between Denmark and Finland was temporarily suspended after Denmark midfielder Christian Eriksen collapsed on the field and needed to be resuscitated with the help of CPR and a defibrillator. The team's doctor, Morten Boesen, said in a news

conference Sunday, "He was gone, and we did cardiac resuscitation. How close were we [to losing Eriksen]? I don't know." Said UEFA president Aleksander Ceferin in a statement, "Moments like this put everything in life into perspective. I wish Christian a full and speedy recovery and pray his family has strength and faith. I heard of fans of both teams chanting his name." Finland won the match, 1-0, on a 59th minute goal from Finnish striker Joel Pohjanpalo.

Small ouch. The NBA playoffs. It seemed like during the season whoever had the ball last or the hot hand in the last minute or two would win. Now it's whoever has the fewest injuries to key players, along with bench players who can step up. Other than the Sun sweeping the Nuggets in the West, second round matches have been tough. On the hockey front, we are down to the final four. Always a good moment when we have one of the original six still playing, and this year it's the Montreal Canadiens as an underdog to the Golden Knights, who took a 4-1 victory in Game 1. The Islanders surprised Tampa Bay in their Game 1 as underdogs to the reigning champion Lightning.

Know the rules. Sometime this week, Major League Baseball is expected to enforce Rule 6.02, which states "a pitcher cannot have on his person, or in his possession, any foreign substance that could deface the baseball." This rule is decades old, going back to 1920 when the spitball was banned from the game. Why now? We turn to our friends at CBS Sports who cite five questions and answers.

1. What spurred this controversy? Technically, this has been years in the making. Once teams were able to quantify spin rates and other advanced pitch

analysis metrics, it was only a matter of time before they took to using substances to improve upon those marks. Dodgers right-hander Trevor Bauer publicly accused the Astros of loading the ball to improve their spin rates back in May of 2018. Bauer has since seen his own spin rates increase, which is notable since he stated the only way to add spin was through the use of grip-enhancing substances.

2. Haven't pitchers always done this? For a long, long time. That hasn't stopped pitchers from hiding and using various substances over the years including pine tar, sunscreen, emery boards, sandpaper and whatever else they can rub on their hats or gloves or hide away on the inside of their belt buckle.

3. Why does it matter now? The league's hitters are on pace for their lowest batting average and highest strikeout rate in history. Hitting has become too difficult, with pitchers possessing more velocity and movement than their past counterparts. The league seems to believe part of the improvement in stuff has to do with the use of foreign substances, and that assertion likely has some merit. Yet another reason is that starters now typically only go five to six innings – two times through the order if they're lucky – and then you get fresh flamethrowers from the bullpen.

4. Which pitchers are using substances? No one knows for sure, but a former Angels clubhouse attendant who was known for supplying a homemade grip-enhancer to pitchers filed a lawsuit over the winter that named several high-profile players as customers. Among them Gerrit Cole, Justin Verlander and Max Scherzer. Those three have combined for five Cy Young Awards.

5. Who has been investigated? To date, Bauer is the only pitcher known

to be investigated. Cardinals reliever Giovanny Gallegos did recently have his hat confiscated by umpire Joe West after it appeared to have foreign substances on the brim. Four minor-league pitchers have been ejected and then suspended 10 games apiece after umpires found foreign substances on their person: Marcus Evey (White Sox), Sal Biasi (White Sox), Kai-Wei Teng (Giants), and Mason Englert (Rangers).

My final word on pitchers is even though they say they are against it, MLB owners want to see lower batting averages to keep salaries lower. Hard to believe owners would "condone" this action, but we're talking big dollars here.

Time for more good news from Athletes for Hope (AFH) and COO Jason Belinkie. "Three years ago some parents came to AFH with a request. Their son Ty was stuck in the hospital with a rare form of cancer. Ty loved nothing more than the NFL and the NFL draft. Nothing could bring him relief – except for the draft. This was a week before the draft and they asked. 'Is there anything AFH could do to film something for him?' AFH just had held a workshop with Senior Bowl athletes and 110 signed up. They reached out to all of them and told them about Ty, hoping for a few videos. Within 36 hours, 85 athletes filmed videos for him! It was incredible. There was an article and video about it, all very moving, and 10 to 15 of them even wanted his phone number to call him, to stay in touch. This keeps my faith in humanity." Indeed it does.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandnews.com.*

Keeping Private Information Out Of Court Records

Lee County Clerk Linda Doggett is asking the public to avoid putting their confidential information in civil court records. Starting July 1, the Florida Supreme Court will make filers responsible for ensuring their information is kept confidential in circuit civil, county civil and small claims court documents.

Attorneys and those representing themselves in court will need to file Notices of Confidential Information when filing documents with social security numbers, bank account numbers and other non-public information. This rule change will not affect family cases, such as divorces, child support and domestic violence cases.

"To help everyone understand how to keep their confidential information private, we will be hosting a free webinar at 2 p.m. June 23," Doggett said. "We will share what information can be redacted in civil court documents, proper forms and procedures to use, and common pitfalls to avoid."

To register for the webinar, visit www.bit.ly/clerkwebinar. The webinar is the first in the clerk's new monthly series,

titled Your Gateway to the Courts. The webinars will teach citizens about the resources available to help file cases and navigate the court system.

While the clerk's staff can answer procedural questions, the office is prohibited from offering legal advice. If customers who are not represented by an attorney have legal questions, they can visit www.leeclerk.org/appointment to schedule a free appointment with legal aid at the Lee County Justice Center in Fort Myers.

For more information, visit www.leeclerk.org or call 533-5000.*

Financial Aid Tip Of The Month

Most college-bound students qualify for financial aid to help pay for their education, such as federal and state grants, scholarships and federal loans. But some students may find that these programs don't cover all the costs of college, according to Kentucky Higher Education Assistance Authority (KHEAA). Others may not qualify for state and federal aid because they're going to school less than half-time.

Because interest rates on private loans depend on the borrower's credit rating, students may have to pay higher rates

than they would on federal student loans. In addition, many lenders require students to have a cosigner, and most require the college to certify that the student needs the loan.

Students and parents should compare the private loans offered by various lenders to find the best possible deal. And, they should definitely check into the advantage education loan at www.advantageeducationloan.com.

KHEAA is a public, nonprofit agency established in 1966 to improve students' access to college. It provides information about financial aid and financial literacy at no cost to students and parents.

KHEAA also helps colleges manage their student loan default rates and verify information submitted on the FAFSA. For more information about those services, visit www.kheaa.com.*

SPORTS QUIZ

- At the 2012 London Summer Olympics, what American female gymnast became an internet sensation after being photographed on the medal podium with a "not impressed" expression on her face?
- In the *Seinfeld* season 3 episode "The Letter," Elaine (Julia Louis-Dreyfus) is ejected from the owner's box at Yankee Stadium for refusing to remove her baseball cap with what team's logo?
- A multipurpose sports stadium named in honor of soccer star Rommel Fernandez Gutierrez is located in what Central American country?
- Name the German model who appeared on the cover of *Sports Illustrated's* inaugural swimsuit issue in January 1964?
- What Los Angeles Dodgers and San Diego Padres great holds the National League record for consecutive games played with 1,207?
- Name the boxer who, following a 1926 upset loss to Gene Tunney, told his wife, "Honey, I forgot to duck."
- What team selected troubled Ohio State Buckeyes running back Maurice Clarett in the third round of the 2005 NFL Draft?

ANSWERS

1. McKayla Maroney. 2. The Baltimore Orioles. 3. Panama. 4. Babette March. 5. Steve Garvey. 6. Jack Dempsey. 7. The Denver Broncos.

Youth Summer Day Camp Registration Open

Registration is open for the Sanibel Recreation Department Summer Day Camp, a six-week traditional day camp, which runs from Monday, June 21 through Friday, July 30. Camp is offered to children entering kindergarten through eighth grade Monday through Friday from 8 a.m. to 5 p.m. at the Sanibel Recreation Center.

Campers will participate in activities such as swimming, arts and crafts, athletics and a variety of games. There will be special guests and an enhanced field trip itinerary. Breakfast and lunch will be provided daily. Campers should bring water, swimsuit, towel and sunscreen each day. Masks will be necessary when social distancing is not available. Register in advance to receive the Early Bird discounted rate.

Financial assistance is available to qualifying families. For more information, call 472-0345 or visit www.mysanibel.com. The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly and annual memberships are available.*

Land Fitness Classes Resume At Rec Center

Land fitness classes have resumed at the Sanibel Recreation Center. Classes are designed for ages 12 years and older of all fitness levels.

Cycle Zone is offered on Monday, Wednesday and Friday at 8:30 a.m. Registration required.

Power Sculpting is offered on Monday and Friday at 10 a.m.

Basic Yoga is offered on Tuesday and Thursday at 8:30 a.m.

Zumba is offered on Tuesday and Thursday at noon.

Pilates is offered on Wednesday at 10 a.m.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information or to schedule a tour of the facility, call 472-0345 or visit www.mysanibel.com.*

Use LCEC App To Monitor Electricity

Manage your Lee County Electric Cooperative (LCEC) account safely and securely online with SmartHub, LCEC's bill pay and customer service tool. With SmartHub, you are able to view payment history, pay your bill, request a payment extension, receive bill reminders, set usage alerts, monitor energy usage and report an outage.

Visit www.lcec.net or download the free SmartHub app. Have your account information handy when you register as a new user.*



41st Annual (Saturday July 3rd, 2021)



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In Memory of Gary Rogers!

The Sanibel Captiva Optimist Club 2021 Official Entry Form

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P.O. Box 1370 Sanibel, Florida 33957

Additional Info: Randy 239-699-8739, John 239-691-6700, Richard 239-292-4631

on-line www.sancapoptimist.org e-mail rcarsonsan@gmail.com

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Time Out: Time In: Total Time:

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Fee \$50.00. Includes: Car, Driver, Navigator, and Unlimited Crew.

Penalties:

- Points deducted for each mile over or under computed mileage.
- Points may be deducted for each minute over or under average course time at the Committee's discretion.
- Entry disqualified for exceeding posted speed limit or for receiving a moving violation on the course.
- Entry may be disqualified if not at finish point within 2 hours.
- The Rally Master reserves the right to adjust the time equally for all contestants if conditions warrant.
- Afterglow party in The Sanibel Grill at The Timbers Restaurant!



Also Registration in the parking lot at Timbers Restaurant on July 3 until 11:45 a.m.
703 Tarpon Bay Road, Sanibel, FL

Conducted by: The Sanibel-Captiva Optimist Club

Please, all donations are welcome anytime at PO Box 1370, Sanibel, FL 33957

Thank You!

The Sanibel – Captiva Optimist Club is a 501(C)3 Corporation and your donation is fully tax deductible.

Please note that we are an all-volunteer, not-for-profit organization and all of the funds go directly to Helping The Kids

Health First

The Truth About Gray Hair



by Julie Rosenberg, MD

It is well accepted that gray hair is part of the natural aging process in humans. In fact, some people consider gray hairs to be a totem of a life well lived.

Have you ever wondered: Why do we go gray? Wonder no more – here's a bit about the science of gray hair, when and why it happens, and a few thoughts about taking care of your hair as you age.

The Science Of Gray Hair

Your hair follicles have pigment cells that make melanin, a chemical that gives your hair its color. As you age, there is loss of melanin in the hair shaft. Without pigment, new hair strands grow in lighter and eventually become gray, silver or white. Once a follicle stops making melanin, it cannot make colored strands again.

Men typically become gray earlier than women. In addition, there are racial determinants to graying. On average, white individuals start to gray in their mid-30s. Asians start in their late 30s, while African Americans generally don't see color changes until their mid-40s.

Premature graying typically refers to graying 10 or more years earlier than the average person. That is, age 20 if you're white, age 25 if you're Asian and age 30

if you're African American.

What Is The Primary Determinant Of Gray Hair?

Your genetics are the primary determinant of how early you become gray, and how quickly it happens. Check when your parents went gray – your timeline may be similar.

Does Stress Cause Gray Hair?

There are no confirmatory data that stress causes gray hair. However, both stress and anxiety can lead to hair loss. If you experience hair loss related to stress after you have started graying, the hair that ultimately grows back will likely be gray.

Does Smoking Lead To Gray Hair?

Yes, there is a link between smoking cigarettes and premature graying. In one study, smokers were 2.5 times more likely to experience premature graying before age 30 than nonsmokers. Therefore, smoking a highly relevant lifestyle cause of gray hair. The mechanism is that free radicals (produced by smoking) may damage the cells that produce melanin.

Can Health Problems Lead To Gray Hair?

Certain autoimmune disorders, cancer and other conditions including chronic protein deficiency, severe iron or copper deficiencies, thyroid disease and obesity may increase the risk of premature graying. Nutritional factors have also been linked with premature graying. Low levels of ferritin, calcium, vitamin D3, copper and zinc can all advance graying.

Care For Your Hair

I suggest that you consider gray hair a stage of life and embrace it in your own way. While I am not a hair professional nor will I advise on whether you should color your hair or not, I will offer a few

health-related tips on caring for your hair.

First and foremost, don't pluck the grays. By doing so, you delay the inevitable – another gray strand will replace it. Additionally, plucking your hair out can damage follicles to the point where they will no longer grow hair.

Gray hair has a different feel and texture than its pigmented counterparts – it's finer than pigmented hair but can feel coarse. As you age, your oil glands generate less sebum, which lubricates both the hair and skin, leading to drier follicles. So, it's very important protect your hair from water, ultraviolet rays from the sun, humidity, chemicals and heat styling. Moisture treatments and hair oils can help to protect your hair and improve its texture and condition.

Finally, eating a balanced diet will help your hair stay strong. Protein, essential fatty acids (especially omega-3 fatty acids), and certain vitamins and minerals play a key role in the health of your hair.

If you have personal concerns about early graying or hair loss, seek guidance from your healthcare provider.

*Julie Rosenberg, MD, is a global healthcare leader, medical consultant and the author of two books, Beyond the Mat and Be True. For more information, visit her website at www.drjulierosenberg.com. For consulting and speaking requests, email inquiries to info@drjulierosenberg.com.**

Findings From 2020 Study On Litter In America

Keep Lee County Beautiful, Inc. (KLCB) reported the summary of its 2020 study on litter in America. KLCB is part of the national organization's network of 700 state and community-based affiliates.

The Keep America Beautiful 2020 National Litter Study provides a detailed understanding of the quantity, composition and sources of litter across the United States. The organization's 2020 study is a follow up to its landmark 2009 study, which builds on a history of science-based litter research started by Keep America Beautiful in 1969.

"I am thrilled to continue the history of Keep America Beautiful as the leader in litter research in the United States, and methodology that has now been used around the world," said Dr. Helen Lowman, Keep America Beautiful president and CEO. "This data will help inform our programs for years to come, addressing both litter on the ground and the act of littering. Our many diverse partners, our 700 affiliate organizations and the millions of volunteers activated annually will use this data to work towards our vision that everyone in America lives in a beautiful community."

Key findings of the national study include:

Nearly 50 billion pieces of litter along U.S. roadways and waterways;

Slightly more litter along waterways (25.9 billion) than roadways (23.7 billion);

Some 152 items for each U.S.

resident;

More than 2,000 pieces of litter per mile (both roadway and waterway);

Ninety percent of people surveyed believe litter is a problem in their state;

Six billion pieces more than four inches in size;

Most littered item remains cigarette butts, but this litter is down almost 70 percent; and

207.1 million personal protective equipment items littered.

KLCB has noticed an increase of litter along roadways and waterways since the beginning of the pandemic. With this new data, officials will be able to develop and implement new plans to help educate residents and visitors alike on how they can best prevent litter.

Keep America Beautiful retained Burns & McDonnell, a leading environmental engineering firm, to conduct its 2020 study, which has four components: Public Attitudes Survey, Visible Litter Survey, Behavioral Observations Survey and Financial Cost of Litter Survey (ongoing).

Sponsors of the Keep America Beautiful 2020 National Litter Study include dozens of individuals, corporations, industry groups and foundations highlighting the belief in the strength of bringing everyone to the table. The largest supporters include Altria, American Beverage Association, American Chemistry Council, Dow, Food Packaging Institute, The Garver Black Hilyard Family Foundation, National Association of Convenience Stores, Plastics Industry Association and Santa Fe Natural Tobacco. For more information, visit www.klcb.org.*

Free Autism Screening For Young Children

Golisano Children's Hospital of Southwest Florida, in partnership with Ronald McDonald House Charities of Southwest Florida, offers a free monthly autism spectrum disorder screening for toddlers 18 months to age 5. The next screening will be held at the Pediatric Specialist Office on Friday, June 25 from 9 a.m. to 2 p.m.

The screening is conducted by the Golisano Children's Hospital. The screenings are administered by an advanced practice registered nurse, who has extensive training and experience in typical child development and developmental disorders.

It is estimated that one in every 59 children is diagnosed with some form of autism spectrum disorder (ASD), making it more common than childhood cancer, juvenile diabetes and pediatric AIDS combined.

Medical consultants for the project stress that an early diagnosis can make a vast difference for toddlers and their families.

The Pediatric Specialist Office is located at 15901 Bass Road, Suite 102, in Fort Myers. A physician referral is not required. To schedule a screening, call 343-6838.*

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dearPharmacist

Why A Dill Pickle Is Good for You



by Suzy
Cohen, RPh

Dear Readers:

Lately, I've been working on my herbal garden and just planted some rosemary and lavender. I saw dill plants available for purchase, but

those won't grow as a perennial in my Colorado area, which is zone 6, because the herb won't survive temperatures below 25 degrees. Our winters always include temperatures in single digits, or below! So a dill plant is not an option in my herb garden, however it might be for you, and today's article is to tell you why a dill pickle's good or you. I'm going to share the medicinal benefits of this delicious and ancient weed.

The dill plant is related to the "carrot" family of plants which sounds bizarre. Dill is an "umbellifer," which means it is related to asafoetida, caraway seeds, celery powder, parsley, coriander seeds and fennel. An allergy to one of the spices may mean you have a cross sensitivity to the others listed here.

Anethum graveolens, commonly called dill or dill weed, has been used for eons because it has incredible health benefits for your intestinal tract. It can help with diarrhea, flatulence, indigestion and stomach pain. It stimulates appetite too. Active constituents in dill stimulate and activate digestive juices and bile so it aids digestion.

Dill has a lot of iron, magnesium and vitamin B6. Since it contains many antioxidants like vitamin C and natural beta carotene, it reduces damage from

free radicals. It's great for kidney and urinary tract health, as well as the brain, heart and eye tissue. As an added perk, dill may help to lower LDL cholesterol very slightly.

Just a note of caution, dill supplements have mild diuretic properties so if you take a supplement, that might mean you lose water more rapidly. This is helpful for people with hypertension, however, this could be a problem for some people who take lithium for example. Talk to your doctor about using a dill supplement which is concentrated. This warning does not apply if you are sprinkling a dash of dried dill spice, or adding a sprig of fresh dill on your meal.

Here are eight ways you can incorporate fresh dill into your day:

1. Put on top of vegetables during the last two minutes of roasting
2. Add it to potato salad
3. Use it in soup
4. Add it to a tzatziki sauce
5. Make dill pickles
6. Put it on top of fish before you cook
7. Make a "tea" by steeping sprigs of dill for five minutes in water, add honey/lemon
8. Scissor a small sprig of dill into your garden salad

Some people wonder if drying dill is better than freezing it. I recommend freezing it, and it's very easy. Rinse fresh dill of impurities in water and shake off the excess, then pat the sprigs dry. Lay them out on a cookie sheet and put in freezer to flash freeze them. Later on, you can transfer the frozen dill sprigs to a storage bag and keep in the freezer for up to six months. If you are supplementing with dill tablets, make sure you ask your doctor if it's right for you, especially if you already take blood pressure pills or diuretics.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.**

Storm Readiness For Those With Special Needs

Lee County Electric Cooperative (LCEC) reminds residents that, depending on the severity of storms this season, power outages may occur. You may have already prepared yourself and your loved ones, but it is essential to prepare those with special needs before a storm heads this way.

Following are some tips to keep those with special needs safe this storm season:

Have a plan in place to ensure the continuity of any life-support needs. This may include making special arrangements to spend time with a friend or relative during an outage or using a back-up generator;

If you use a back-up generator, be responsible for the safe installation, use and maintenance of any back-up power;

Keep phone numbers of emergency response agencies, such as the hospital, fire department and police, in a convenient location, in the event emergency assistance is needed;

Ensure that you have a back-up telephone if you use a cordless or other telephone that is dependent on electricity;

Have a battery-powered radio on hand and a supply of fresh batteries to remain aware of news and other information.

Keep a flashlight and extra batteries handy.

To download the LCEC Hurricane Guide, visit www.lcec.net.*

Generator Safety Tips From LCEC

If you power your home with a portable generator during electrical outages, it is essential to consider the serious health and safety risks to you, your neighbors and unsuspecting line crews working in the area, if not operated properly. Keep the following in mind to protect yourself and others this storm season.

Before you buy a generator, determine how much electricity you need for your home. Be sure to buy the right size generator.

Read the operating instructions carefully before operating the generator.

Do not connect a generator directly

to your home's electrical system. Plug appliances directly into the generator.

Never use a generator indoors or in an attached garage. Keep in an open, well ventilated area outside and away from open windows.

Buy a battery-operated

carbon-monoxide alarm, which will alert you if carbon monoxide levels become dangerous.

Do not touch a generator if you are wet or standing in water.

Consult an electrician if you have any questions.*

Got A Problem? Dr. Connie Is In



by Constance
Clancy

Q: My wife and I are moving away and, while I am happy with where we are going, I feel guilty leaving my job. How can I ever tell my co-workers I am giving notice?

A: It's never easy

to leave a job you love, however, it seems as though you and your wife are feeling good about your decision to relocate. In today's mobile society, we are much more transitional than our parents and grandparents were. Would there be any way you could work remotely from your new location? Many people are finding they can work from anywhere. If you possibly can, that might be something to consider and talk with your supervisor about. If this is not the case, then trust that while you will be missed, your

colleagues and supervisor will understand that you are relocating for a purpose and, while you love your job, this is a decision you and your wife made together and you will greatly miss your current position.

Hopefully, you will be in the market in your new location for a similar position in which you will like as much if not more.

While it's so important to love what you do as you do and do what you love, it's equally important for you and your wife to be in alignment and feel good about your new journey and future together.

My guess is that you will handle this resignation professionally and, while it's not easy to leave a career you like, it's taking you to a new level and new life. Be happy for the time and experience you have had in this job, and let your colleagues and supervisor know how much your work with them meant to you. All the best in your new endeavors.

*Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.**

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Doctor and Dietician

Blue Blocker Glasses, Eyes And Sleep



by Ross Hauser, MD and Marion Hauser, MS, RD

With people on their devices more and more, diseases and conditions of all kinds have developed – one of them being eye issues. In our office, we measure intraocular pressure (pressure in the eye) because patients come to us with a wide array of symptoms, often related to vision, including blurry vision, eye strain, headaches behind the eyes, pressure in the eyes, floaters, flashes, bulging and all sorts of other issues. In short, many of these conditions can be resolved by addressing the underlying cause of the problem – loose supporting structures in the neck (typically due to excessive face-down posture and device usage). By strengthening these structures with natural

healing injections into these support structures, these conditions can resolve.

But what else can we be doing to improve eye function, reduce eye strain, and improve sleep? Blue light from our computers, tablets and cell phones can strain your eyes. We don't blink enough when using them, sit too close to our devices, expose our eyes to glare and brightness, and spend long hours looking at the computer. Taking breaks and reducing time with the devices is good for us for many reasons.

What about the blue blocker glasses? From www.mercola.com: "Blue light rays are the shortest wavelengths of light and constitute one-third of all the sunlight we see. But smartphones, computers, tablets, e-readers, TVs and LED and fluorescent lights also emit blue light and have significantly added to the amount of blue light we now receive. There are many well-documented risks associated with exposure to blue light from these electronic devices, one being impaired sleep..." Dr. Mercola goes on to cite researchers at Manchester University who recently found that blue light actually helped mice sleep better – opposite of current beliefs. However, the caveat is that mice are nocturnal animals, so they are active at night – so we cannot necessarily compare this to humans. He summarizes by stating that studies have linked blue light with many serious effects including macular degeneration, insulin resistance, metabolic disorders, mitochondrial dysfunction, myopia, eye strain and even cancer. So, it is still best to try to avoid excessive exposure to it.

You can try some blue blocker glasses

– and some people find them very helpful – especially if they work in front of a computer all day. If you can, we encourage everyone to cut back on or unplug device use and TV watching (and the reasons for this are many!) Do not read from a device right before bed, sleep in darkness, keep the room cool around 70 degrees or less, move electrical devices away from the bed, reserve the bed for sleeping and adopt a neutral sleeping position that supports your

head, neck and back properly.

We all need rest. We all need to disconnect. As Nike says, "just do it!" With or without your blue blocker glasses.

This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. Email info@caringmedical.com. ✨

Beautifulife:

The Host



by Kay Casperson

I have always loved to host parties and events. Of course, I did more home parties before having children than I have done since they have been growing up. But I have stayed actively involved in planning

and organizing outside events pretty regularly, from our company bootcamps, training events, and parties for charitable and school-related events.

I just recently worked on an event for the cast and crew of The Sanibel School's performance of *Disney's Aladdin Jr.* My daughter was Jasmine in the play. I volunteered to help organize and plan the after-party for the cast and crew. My daughter is also graduating 8th grade from The Sanibel School this week. I volunteered to help organize an event and dance party for all the kids moving on to high school, their families and some staff from the school.

I do believe that some people are better at being a host than others, but that doesn't mean you can't learn a thing or two to keep improving. After all, gatherings from small to large are an excellent way for us to stay connected and celebrate life's special moments. There are a few simple ways to ensure that your hospitality shines through and every guest has a good time. Be organized – Make a list, from the

invites to the follow-up, and everything in between. You will never miss a detail if you do.

Set the mood – Have a clean space, table decor, candles and pleasant background music.

Stay relaxed – The more you prepare ahead of time, the more at ease you will be to enjoy your event.

Have plenty of food and drinks – You never want anyone to go home hungry or thirsty, so keep the refreshments flowing.

Work the room – Make sure that everyone is having a good time and socializing with someone. Never let anyone sit or stand by themselves for an extended amount of time.

Capture the moments – It is easy to let the time fly by so fast that you forget to take a picture or two to remember the get-together. But, it is always fun to look back.

The most important thing to remember is to ensure that everyone is having a good time, including yourself. After all, being a host and enjoying your simple or large gatherings can contribute significantly to living your best and most beautiful life.

My affirmation for you this week is: "I am learning new ways to be the best host for my simple or elaborate events and gatherings."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson. ✨

Hospital Family Room Reopens

The Ronald McDonald Family Room in Golisano Children's Hospital has partially reopened after a 14-month hiatus due to COVID-19, according to Ronald McDonald House Charities Southwest Florida (RMHC SWFL). The family room offers patient families a place to regroup, refuel and relax free-of-charge. RMHC SWFL volunteers staff the space and provide information, a listening ear and support.

When fully operational, services provided for adults and children include televisions, books, puzzles, bagged lunches, snacks, beverages and laundry facilities. Following CDC and hospital COVID-19 protocols, services now include provided snacks, coffee and bagged lunches. Full services are expected to be offered by fall. "Our partnership with Golisano

Children's Hospital makes an important contribution to families having access to medical care," said Laura Ragain, executive director of RMHC SWFL. "We care deeply about serving our families and decided to close the family room during COVID with safety top-of-mind. With COVID precautions in place and safety remaining our primary concern, we are thrilled to resume important services that allow parents and caregivers to stay near their hospitalized children."

"The Family Room provides a place of respite and distraction within the hospital for families," said Alyssa Bostwick, vice president of operations and chief nurse executive at Golisano Children's Hospital. "This collaboration helps us keep a family close to its child while undergoing treatment. We're proud to partner with the Ronald McDonald House to provide this resource to our community."

For more information, visit www.rmhcswfl.org. ✨

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- Florida Highway Patrol 278-7100
- Poison Control..... 1-800-282-3171
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- City Council 472-4135
- City Building Department..... 472-4555
- City Manager 472-3700
- City Planning & Code Enforcement Department 472-4136
- City Public Works 472-6397
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- Library, Captiva 239-533-4890
- Lee County Mosquito Control 239-694-2174
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- Audubon Society 472-3744
- Bailey-Matthews National Shell Museum 395-2233
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- Community Foundation of Sanibel-Captiva 274-5900
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- SCCF Sea Turtle Hotline..... 978-728-3663
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- United Way of Lee County - 24 hour helpline 211 433-2000
- Zonta Club 728-1971

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PUZZLES

Answers on page 47



"Why, we'd love to go _____, Jill!"

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Cause
UNICED [] [] [] []

Notice
GRADER [] [] [] []

Lift
AIRES [] [] [] []

Soften
ANEW [] [] [] []

TODAY'S WORD

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Plate is missing. 2. Elbow patch is added. 3. Tree limb is shorter. 4. Car is moved. 5. Pants are different. 6. Belt is missing.

1			4		6	
		7		8	3	
	8		5		7	9
3		2		1		4
7				5		2
	5		3		8	
		6		3		5
	1		8		9	
4			1	7		3

To Play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

PUZZLES

Answers on page 47

Super Crossword

CITY HITS

- ACROSS**
 1 Shoe statistic
 6 ExxonMobil, BP, Chevron and such
 12 "Lemme think about that ..."
 15 "This looks bad"
 19 New Olds in 1999
 20 Get excited
 21 Lead-in to classical
 22 Cuban money
 23 1964 Elvis Presley hit
 25 Native of France's capital
 27 Retired NBA star Ming
 28 Ellipsis part
 29 Article in many rap song titles
 30 Printer insert
 31 1974 Paper Lace hit
 35 Copy and Paste setting
 37 Demand (of)
 38 '60s prez
 39 Horn blast
 40 Stocking-holding
 44 "It's my turn now"
 45 Throw softly
- 48 Rear target in bowling
 51 1985 Jan Hammer hit
 55 Equine animal
 56 — Moines
 58 World Series org.
 59 Cry of epiphany
 60 Pie's place
 61 Zest and Coast
 63 Dangling bit of jewelry
 65 Tip over
 66 1959 Freddy Cannon hit
 69 Battle reminders
 71 Missionary "Mother"
 72 "Sands of Iwo Jima" director
 73 Raines of old films
 74 Riverbed sand
 75 Suffix with duct or project
 77 Big klutz
 78 Pig's place
 81 1969 Glen Campbell hit
 85 Rich Italian ice cream
 87 Rescue request
- 88 Note after fa
 89 Time pieces?
 91 Noted times
 92 Move to and —
 93 Droop down
 95 Carrier to Milan
 98 1975 Elton John hit
 105 Atlas feature showing altitude
 106 Former big record gp.
 107 Ultrasecret govt. org.
 108 Big klutz
 111 Quick web ordering option
 112 1986 John Cougar Mellencamp hit that summarizes this puzzle?
 115 Friendly bat of the eye
 116 Mr. —! (Clue-like board game)
 117 Cry of epiphany
 118 Some upscale hotels
 119 Some jeans
 120 G.P.'s field
 121 Looks hard
- DOWN**
 1 Like tildes
 2 Figure skater
 3 Private prayers
 4 "—la-la"
 5 Poker variety
 6 Moistening while cooking
 7 Hip-hop mogul Gotti
 8 "Pride — before destruction"
 9 Need (to)
 10 Son of Abraham
 11 Guitar maker Paul
 12 Empty a suitcase
 13 Comic Anne
 14 Home loan offerer
 15 Good aspect
 16 Klum on many covers
 17 Inedible type of orange
 18 Fine-tuned
 24 Top-caliber
 26 Asimov classic
 30 Lead-in to gender
 32 URL lead-in
 33 Apra Harbor locale
 34 Mata —
 35 Bluesy James
 36 Performs
 41 Cup part
 42 Writer Gay or editor Nan
 43 Diplomats' residences
 44 Winter fight projectile
 45 Flood barrier
 46 Ill sign, say
 47 Be flexible
 49 Huge heroes
 50 Sci-fi writer Stephenson
 52 Sensed feeling
 53 Land in the water, in Livorno
 54 Cabbie's cry
 57 Of positional relations
 61 Wife of Abraham
 62 Turtle topper
 64 Purviews
 65 Consumption
 66 Shower powders
 67 Intro drawing class, maybe
 68 Wallop
 69 Embroiders, e.g.
 70 Ad biz award
 74 Didn't waver
 76 Water, to Henri
 78 Of utmost importance
 79 And the like: Abbr.
 80 Prone to pry
 82 Haifa's home
 83 Close to
 84 Close to
 86 Jared of "Mr. Nobody"
 90 "Burnt" hues
 92 Movies, informally
 93 Quenched, as thirst
 94 Instagram, for one
 96 Breather potatoes
 98 Be on the hunt
 99 Skating legend Sonja
 100 Graff of "Ladybugs"
 101 Pageant VIP
 102 Folder's call
 103 Ghana port
 104 Phony sort
 109 Thai's home
 110 Swift
 112 Where one lives: Abbr.
 113 '50s prez
 114 Former big record gp.

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18		
19					20						21			22					
23				24							25		26						
27			28				29			30									
		31	32					33			34								
35	36									37			38						
39					40		41	42	43			44			45	46	47		
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98	99	100					101				102	103	104						
105										106				107			108	109	110
111										112			113				114		
115					116												118		
119					120														122

King Crossword

ACROSS
 1 Lingo
 6 Slopes regular
 12 Tenant
 13 Sheathe
 14 Schedules
 15 Pumpkin relatives
 16 Appointment
 17 Spring melt-down
 19 Cooking fuel
 20 Libertine
 22 Poseidon's home
 24 Satisfied sigh
 27 La Scala solo
 29 Fine spray
 32 Fruity rum cocktail
 35 Author Wiesel
 36 Eve's third son
 37 That girl
 38 "Awesome, dude!"
 40 Pop
 42 Trojans' sch.
 44 Org.
 46 Forget-me- (flowers)
 50 Paris art museum
 52 Athlete's woe
 54 Tempt
 55 Point maker
 56 Op-ed pieces
 57 Dwelling

18 Patty Hearst, for one
 21 Feed-bag morsel
 23 Outback bird
 24 Mimic
 25 100 percent
 26 Barber's offerings
 28 Flabbergast
 30 Learning ctr.
 31 Common title start
 33 Museum-funding org.
 34 Prof's degree
 39 "Pride and Prejudice" suitor
 41 Pear variety
 42 Peter Fonda's beekeeper role
 43 Male deliveries?
 45 Beholds
 47 Partially mine
 48 Genealogy chart
 49 Neighbor of Leb.
 51 By way of
 53 Sgt., e.g.

DOWN
 1 Actress Ward
 2 Aspiring atty.'s exam
 3 Fall bloom
 4 Formerly called
 5 Hand signals
 6 Video game giant
 7 Recognizes
 8 Hosp. section
 9 Haggles
 10 Fed. food inspector
 11 GI dining hall
 12 Leary's drug

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 Z X U S Q N L T C J G E C Z T
 X R V **G I V E A W A Y** T R U N
 P N E I L J N K R H B E O R I
 C A Y V W V T E E R P E N E E
 L K I E O G E O K C K B V V V
 Z X W A U E S F A A R P N I I
 O M L H J I K F T G T E E G G
 D B A O Y X W A U T S S V S R
 Q N W O D E K A T T U O I I O
 P O N T L K J H G F D C G M F

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
 Unlisted clue hint: BECOMING AIRBORNE

- | | | | |
|-------------|----------|----------|----------|
| Forgive | Giveaway | Mistake | Takeout |
| Give a hoot | Given | Outtake | Takeover |
| Give back | Giver | Takedown | Taker |
| Give in | Misgive | Taken | |

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FRIDAY Cloudy High: 89 Low: 81	SATURDAY Cloudy High: 86 Low: 80	SUNDAY Cloudy High: 83 Low: 75	MONDAY Cloudy High: 86 Low: 80	TUESDAY Cloudy High: 87 Low: 79	WEDNESDAY Mostly Cloudy High: 86 Low: 80	THURSDAY Cloudy High: 87 Low: 79
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Redfish Pass Tides

Day	High	Low	High	Low
Fri	8:48 am	1:41 am	8:10 pm	2:15 pm
Sat	9:17 am	2:25 am	9:50 pm	3:35 pm
Sun	9:48 am	3:06 am	11:28 pm	4:44 pm
Mon	10:22 am	3:44 am	None	5:44 pm
Tue	12:58 am	4:16 am	10:59 am	6:41 pm
Wed	2:21 am	4:44 am	11:40 am	7:34 pm
Thu	12:24 pm	8:27 pm	None	None

Point Ybel Tides

Day	High	Low	High	Low
Fri	7:53 am	1:43 am	7:15 pm	2:17 pm
Sat	8:22 am	2:27 am	8:55 pm	3:37 pm
Sun	8:53 am	3:08 am	10:33 pm	4:46 pm
Mon	9:27 am	3:46 am	None	5:46 pm
Tue	12:03 am	4:18 am	10:04 am	6:43 pm
Wed	1:26 am	4:46 am	10:45 am	7:36 pm
Thu	11:29 am	8:29 pm	None	None

Punta Rassa Tides

Day	High	Low	High	Low
Fri	8:11 am	1:55 am	8:07 pm	2:15 pm
Sat	8:37 am	2:39 am	9:17 pm	3:17 pm
Sun	9:02 am	3:17 am	10:34 pm	4:15 pm
Mon	9:31 am	3:52 am	11:54 pm	5:17 pm
Tue	10:14 am	4:27 am	None	6:20 pm
Wed	12:58 am	5:14 am	11:16 am	7:22 pm
Thu	1:54 am	6:23 am	12:20 pm	8:21 pm

Cape Coral Bridge Tides

Day	High	Low	High	Low
Fri	10:58 am	4:57 am	10:20 pm	5:31 pm
Sat	11:27 am	5:41 am	None	6:51 pm
Sun	12:00 am	6:22 am	11:58 am	8:00 pm
Mon	1:38 am	7:00 am	12:32 pm	9:00 pm
Tue	3:08 am	7:32 am	1:09 pm	9:57 pm
Wed	4:31 am	8:00 am	1:50 pm	10:50 pm
Thu	2:34 pm	11:43 pm	None	None

PETS OF THE WEEK



Betty Blue
ID# A865082
photos provided



Susie ID# A864960

someone to give me that forever home. My adoption fee is \$20.

Hi, my name is Susie. I'm a calico 4-year-old female domestic shorthair. I'm experiencing what so many adult cats are this time of year – kitten mania. Everyone sees the cute little ones and instantly fall in love, and I get overlooked. They aren't thinking of all the advantages of adopting me or one of my adult feline friends. For instance, you don't have to worry about how big I will get. I also require less attention and training. I have already settled into my calm personality, and there won't be any surprises down the road. My adoption fee is \$10, and you can adopt a feline friend for me at no additional charge.

Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.*

Lee County Domestic Animal Services

Betty Blue And Susie

Hello, my name is Betty Blue. I'm a blue 3-year-old female pit bull mix. I'm a "Petite Pittie" with a quiet, unassuming nature that will quickly draw you to me. I have spent the past four years looking for love and, as the song says, so far have found it in all the wrong places. Perhaps you are the right place and person for me? I walk nicely on the leash, I'm very low-maintenance and just want

My Stars ★★★★★

FOR WEEK OF JUNE 14, 2021

Aries (March 21 to April 19) A heads-up alert to all free-spirited Ewes and Rams: Be wary of a deal that could result in compromising your independence. Check every detail before making a commitment.

Taurus (April 20 to May 20) New facts emerge that help put an irksome workplace situation in perspective. Meanwhile, pay more attention to a family member who needs your wisdom and strength.

Gemini (May 21 to June 20) A slight setback in plans is nothing to worry about. Use this delay to deal with a number of matters you might have ignored for too long. Expect news from someone in your past.

Cancer (June 21 to July 22) You're entering a period of stability. Use it to straighten out any outstanding problems related to a very personal situation. Also, pay closer attention to financial matters.

Leo (July 23 to August 22) As much as you love being a social Lion, you might well benefit from staying out of

the spotlight for a while. You need time to reflect on some upcoming decisions.

Virgo (August 23 to September 22) A difficult family situation improves, thanks to your timely intervention. You can now start to focus more of your attention on preparing for a possible career change.

Libra (September 23 to October 22) An on-the-job change works to your benefit by offering new opportunities. It's up to you to check them out. Meanwhile, a stalled romantic situation starts up again.

Scorpio (October 23 to November 21) That flare-up of Scorpion temperament cools down, leaving you more receptive to suggestions about changes that might need to be made in your personal life.

Sagittarius (November 22 to December 21) An unusual period of indecisiveness is a mite frustrating. But things soon clear up, allowing the sage Sagittarian to make those wise pronouncements again.

Capricorn (December 22 to January 19) You might feel that you know best, but it's not a good idea at this time to try to force your opinions

continued on page 46

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From page 44

My Stars

on others. Best advice: Inspire change by example, not by intimidation.

Aquarius (January 20 to February 18) Some setbacks could affect your plans to fortify your financial situation. But things start moving again by early next week. Meanwhile, enjoy your resurgent social life.

Pisces (February 19 to March 20) Show that often-hidden steely spine of yours as you once again stand up to an emotional bully. You've got the strength to do it, especially as friends rally to your side.

Born This Week: Your ruling planet, Mercury, endows you with a gift for writing. Have you considered penning the world's greatest novel?

MOMENTS IN TIME

- On June 22, 1775, Congress issues \$2 million in bills of credit. Known as "Continental," the bills lacked the required rendering of the British king. Instead, some notes featured likenesses of Revolutionary soldiers and the inscription "The United Colonies."

- On June 26, 1892, Nobel Prize-winning author Pearl S. Buck is born. Her novel *The Good Earth* (1930), describing peasant life in China, became an international bestseller and was translated into 30 languages. Buck wrote 80 novels and books.

- On June 25, 1915, the German press publishes a statement addressing the German use of poison gas. The Germans had fired more than 150 tons of lethal chlorine gas against two French colonial divisions in April, claiming the French had first used gas in August 1914.

- On June 23, 1927, the *Sioux County Pioneer* newspaper of North Dakota reports that President Calvin Coolidge will be "adopted" into a Sioux tribe at Fort Yates. At the Sioux ceremony, photographers captured Coolidge, in suit and tie, as he was given a grand ceremonial feathered headdress.

- On June 21, 1956, playwright Arthur Miller defies the House Committee on Un-American Activities and refuses to name suspected communists. Miller's defiance of McCarthyism won him a conviction for contempt of court, which was later reversed by the Supreme Court.

- On June 24, 1975, an Eastern Airlines jet crashes near John F. Kennedy International Airport in New York City, killing 115 people. The Boeing 727 was brought down by wind shear during severe thunderstorms. Only seven passengers and two flight attendants survived the fiery crash.

- On June 27, 1985, after 59 years, the iconic Route 66 passes into history when officials decertify the road and vote to remove all its highway signs. Measuring 2,200 miles, the "Mother Road" stretched from Chicago to Santa Monica, California, passing through eight states.

NOW HERE'S A TIP

- Want bananas to last a little longer? Do not separate your bunch, and wrap the tip in foil.

- "After a hard day's work in the garden, I soak in a rosemary bath. It's a natural anti-inflammatory, and it smells wonderful. I just add a few sprigs from my plant out back to very hot water, and then let the water sit for a while until it's just warm. Then I get in. Heaven!"

- Keep laundry baskets in your automobile's trunk for easier organization. You could even add a small cooler to hold cold items if you need to make a stop somewhere on the way home from the grocery store.
- "Here's my tip: Use a muffin pan to make big ice cubes for drinks."

- UA in Ohio

- AL in Missouri

STRANGE BUT TRUE

- Want to test how ripe your cranberries are? Drop them on the ground! Cranberries are nature's bouncy ball - farmers even use this technique to see if the fruit is ready for shipment.

- In Las Vegas, it's against the law to pawn your dentures.

- Near the end of World War I, the French built a "fake Paris" designed to throw off German bombers and fighter pilots, complete with a replica of the Champs-Elysees and Gard Du Nord. It even included a fake railway that lit up at certain points, creating the illusion from the sky of a train moving along the tracks.

- Allergy sufferers, take note: One ragweed plant can release as many as 1 billion grains of pollen.

- Adolf Hitler helped design (with Ferdinand Porsche) the Volkswagen Beetle, as part of an initiative to create "the people's car" - an affordable, practical vehicle that everyone could own.

- Tablecloths were originally designed for use as one big, communal napkin.

- Each of the suits on a deck of cards represents the four major pillars of the economy in the Middle Ages: hearts for the Church, spades for the military, clubs for agriculture and diamonds for

the merchant class.

- A person who plays the bongo drums is known as a "bongosero."
- According to research done by MIT, the number 17 is the most common randomly chosen number between one and 20.

- Henry Ford produced the Model T only in black because the black paint available at the time was the fastest to dry.

THOUGHT FOR THE DAY

"Good communication is just as stimulating as black coffee, and just as hard to sleep after."

- Anne Morrow Lindbergh

TRIVIA TEST

- Movie:** Which 1985 Brat Pack movie featured the theme song *Don't You (Forget About Me)*?
- Food & Drink:** What is the color of the spirit called absinthe?
- Geography:** Which Central American country used to be called British Honduras?
- Television:** What is the dog's name on *Family Guy*?
- Medical:** What is the common name for the condition called lateral epicondylitis?
- Language:** What does the Japanese word tsunami mean in English?
- Business:** In what year did Amazon launch?
- Animal Kingdom:** What animal has no vocal cords?
- U.S. States:** What is the only state that borders just one other state?
- Science:** What is empirical science?

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5/28 * 7/16

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6/18 * 6/18

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6/18 * 7/9

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4/24 * TFN

Shore Fishing:



Don't Harm The Fish

by Capt. Matt Mitchell

Landing a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

Hold the fish in the water while you unhook it if you're going to release it.

The less you can touch a fish before release the better for the fish.

If you want a picture with the fish, support it as you lift it out of the water - and do it quickly.

Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.

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1/26 * TFN

HELPER

Are you elderly, disabled or just don't have free time?

I can help!

Just give me a call...

973-919-2116

12/11 * TFN

FOR SALE 41 FT TIARA OPEN TWIN DIESEL 3208 CATS TA

435HP Cruise Fish Live Aboard.

Radar, GPS, Auto Pilot, TriData, Fish

Finder, Teaked Holly Floors, Ale, Full

Galley, Master Stateroom w/TV's Plus Fold

Out & Down Bunks. Full Head w/Shower,

Vac Head, Vanity.

Priced For Quick Sale or Trade. \$145,000.

239-233-2930.

6/18 * 7/9

TRIVIA ANSWERS

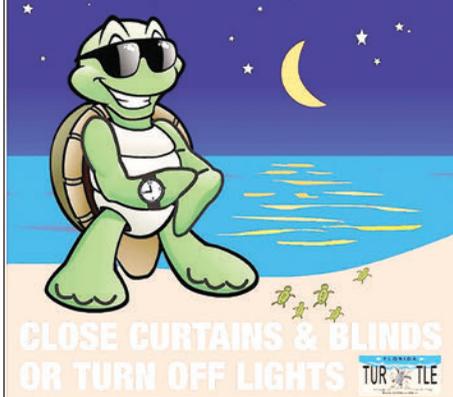
1. The Breakfast Club 2. Green 3. Belize based on observation and experiment.
4. Brian 5. Tennis elbow 6. Harbor wave 7. 1994 8. Giraffe 9. Maine 10. Science

SCRAMBLERS ANSWER

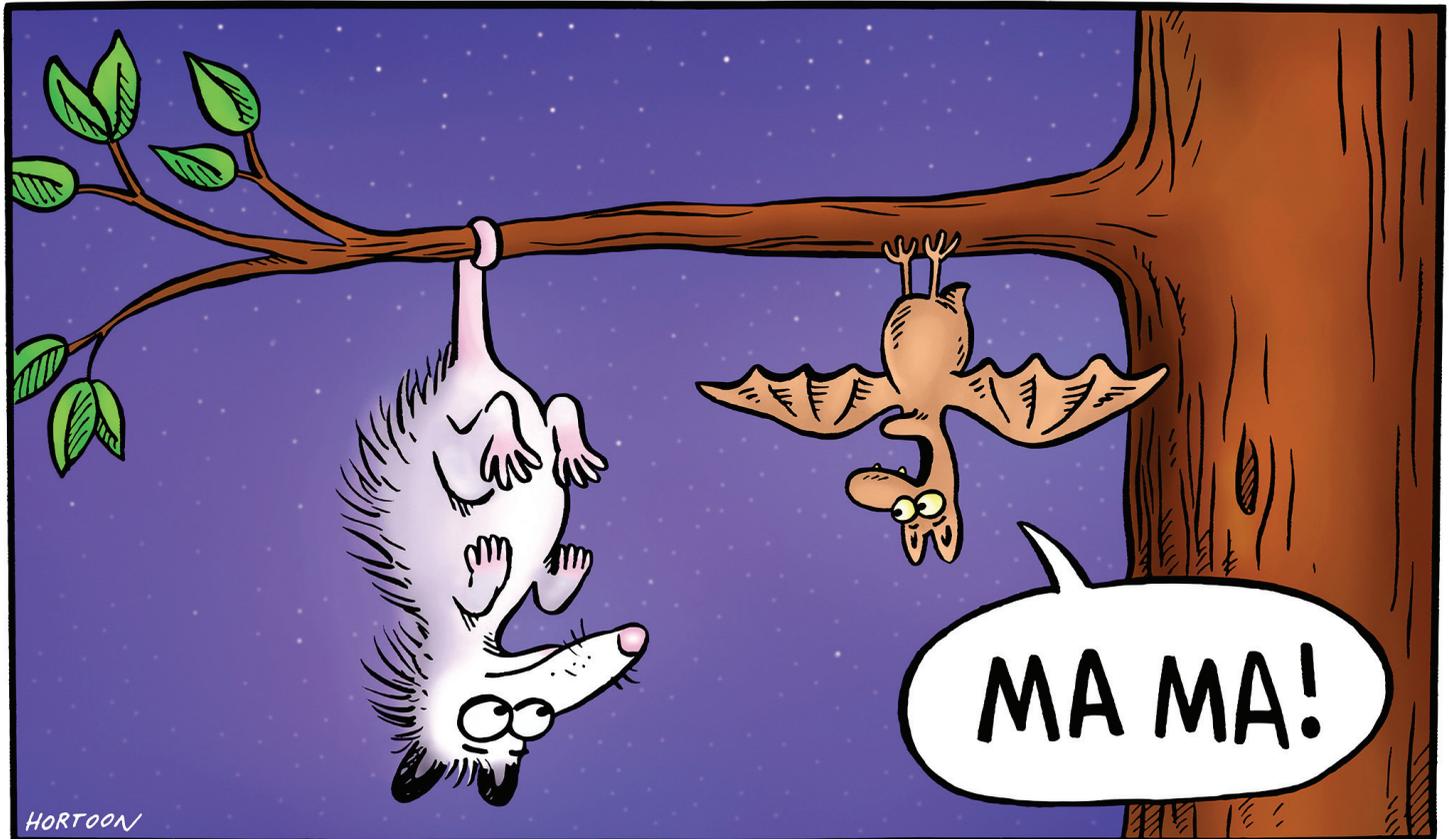
- 1. Induce 2. Regard;
- 3. Raise; 4. Wane

Today's Word
DANCING

After 9, it's turtle time!



HORTOONS



PUZZLE ANSWERS

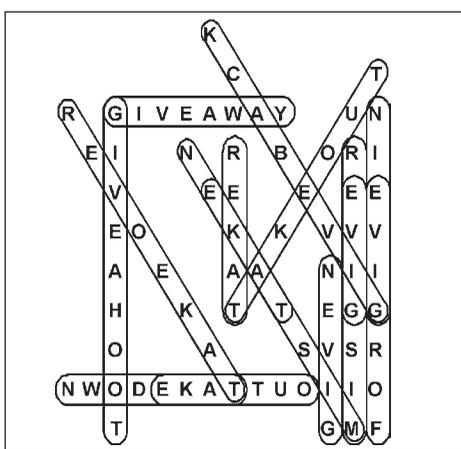
SUPER CROSSWORD

W	I	D	T	H	B	I	G	O	I	L	U	M	U	H	O				
A	L	E	R	O	A	R	O	U	S	E	N	E	O	P	E	S	O		
V	I	V	A	L	A	S	V	E	G	A	S	P	A	R	I	S	I	A	N
Y	A	O	D	O	T	T	H	A	C	A	R	T	R	I	D	G	E		
T	H	E	N	I	G	H	T	C	H	I	C	A	G	O	D	I	E	D	
E	D	I	T	M	E	N	U	A	S	K	A	B	E						
T	O	O	T	G	A	R	T	E	R	I	G	O	L	O	B				
T	E	N	P	I	N	M	I	A	M	I	V	I	C	E	T	H	E	M	E
A	S	S	D	E	S	M	L	B	I	S	E	E	O	V	E	N			
S	O	A	P	S	E	A	R	B	O	B	U	P	E	N	D				
T	A	L	L	A	H	A	S	S	E	E	L	A	S	S	I	E			
S	C	A	R	S	T	E	R	E	S	A	A	L	L	A	N				
E	L	L	A	S	I	L	T	I	L	E	L	U	G	P	E	N			
W	I	C	H	I	T	A	L	I	N	E	M	A	N	G	E	L	A	T	O
S	O	S	S	O	L	I	S	S	U	E	S	E	R	A	S				
F	R	O	S	A	G	A	I	R	I	T	A	L	I						
P	H	I	L	A	D	E	L	P	H	I	A	F	R	E	E	D	O	M	
R	E	L	I	E	F	M	A	P	M	C	A	N	S	A	O	A	F		
O	N	E	O	L	I	C	K	R	O	C	K	I	N	T	H	E	U	S	A
W	I	N	K	R	E	E	U	R	E	K	A	O	M	N	I	S			
L	E	E	S	M	E	D	S	T	A	R	E	S	S	I	T	A	T		

KING CROSSWORD

	S	L	A	N	G		S	K	I	B	U	M	
L	E	S	S	E	E		E	N	C	A	S	E	
S	L	A	T	E	S		G	O	U	R	D	S	
D	A	T	E		T	H	A	W		G	A	S	
			R	O	U	E		S	E	A			
A	A	H		A	R	I	A	M	I	S	T		
P	L	A	N	T	E	R	S	P	U	N	C	H	
E	L	I	E		S	E	T	H		S	H	E	
			R	A	D		S	O	D	A			
U	S	C		A	S	S	N		N	O	T	S	
L	O	U	V	R	E		I	N	J	U	R	Y	
E	N	T	I	C	E		S	C	O	R	E	R	
E	S	S	A	Y	S		H	O	U	S	E		

MAGIC MAZE



SUDOKU

1	3	5	9	4	7	2	6	8
6	9	7	2	1	8	4	3	5
2	8	4	5	3	6	7	1	9
3	6	2	7	8	1	5	9	4
7	4	8	6	5	9	3	2	1
9	5	1	3	2	4	8	7	6
8	7	6	4	9	3	1	5	2
5	1	3	8	6	2	9	4	7
4	2	9	1	7	5	6	8	3

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Marina Pointe	Bonita Springs	1998	8,242	\$3,895,000	\$3,650,000	0
Town And River	Fort Myers	2018	3,818	\$3,000,000	\$3,500,000	4
Fort Myers	Fort Myers	2000	4,878	\$3,799,000	\$3,400,000	98
Southport On The Bay	Bonita Springs	1989	3,665	\$2,995,000	\$2,995,000	64
Hidden Harbor	Bonita Springs	2001	4,962	\$2,650,000	\$2,650,000	14
Riverwalk	Bonita Springs	1992	4,476	\$2,500,000	\$2,500,000	0
Cape Coral	Cape Coral	2009	7,977	\$2,600,000	\$2,500,000	8
Cape Hickory	Bonita Springs	2014	2,491	\$2,599,000	\$2,250,000	52
El Sol	Fort Myers Beach	1944	1,901	\$2,379,000	\$2,200,000	47
Victoria Cove Of Sanibel	Sanibel	1990	2,900	\$2,250,000	\$2,060,000	165



JUSTIN
Earns our Employee
SPOTLIGHT!

**“FOR THE SUN-KISSED &
SUN-DESIROUS ALIKE,
A VACATION ON A PLATE.”**

The New York Times
Magazine



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YUCATAN SHRIMP!

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The Dixie Fish Co. & The Whale